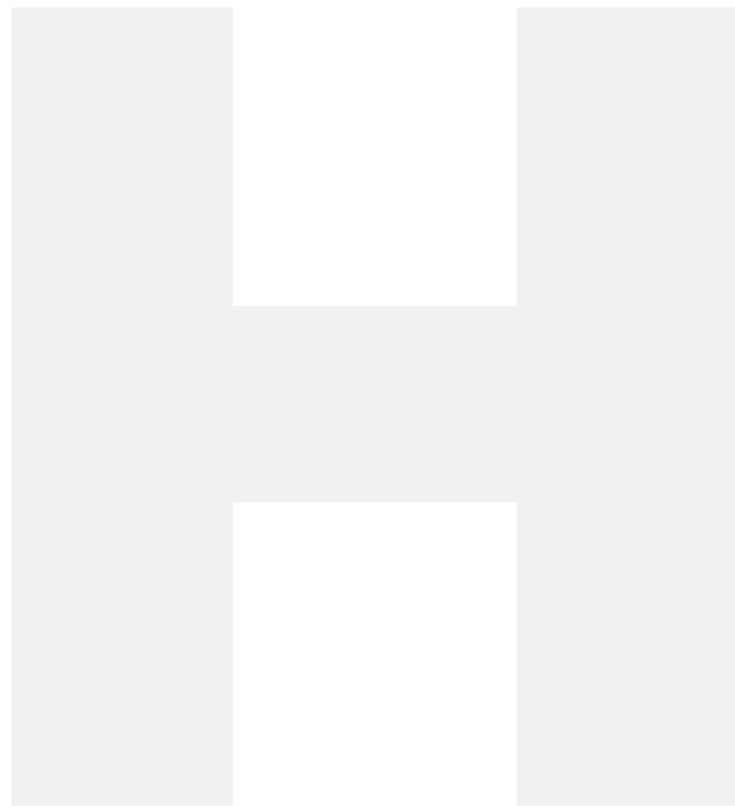


75 YEARS



of Caring for our Community Like Family



From Horseback to Helicopter to e-Health, Valley has continually evolved to meet the needs of our community.



Humble Beginnings

1900  1940



Medical care was a luxury in the early days of Southeast King County. A handful of doctors crossed rivers and mountains—usually on horseback—to reach their far-flung patients. Equipment was scarce and extremely limited. But courage and ingenuity often prevailed in the hands of pioneer physicians, just as they do today.

In the late 1800s, most of the medical care in Kent and Renton consisted of emergency services in the coal mines and logging camps.

By 1911, Dr. Adolph Bronson would lay the foundation for caring for the community like family.

Norwegian-born and California-trained, Dr. Bronson initially cared for neighbors and residents at his home on Main Street in Renton. In 1911 he constructed the area's first hospital, Bronson Hospital, across the street from his house. For decades, this modest, two-story building served all comers.

The arrival of nurses was one of the great medical milestones of the time.

Living on the second floor of Bronson Hospital, these skilled professionals saw a steady stream of accident victims from the logging camps and coal mines. In addition to accidents, admission records between 1911 and 1938 indicate influenza, pneumonia and childbirth were frequent causes of illness and death.

In the decades that followed, it would take more than exceptional clinical skills to maintain the high-caliber medical care in the region. A single physician and five nurses could no longer meet the growing need for care.

By 1911, Dr. Adolph Bronson would lay the foundation for caring for the community like family.



Dr. Adolph Bronson





Hub City

1940  1960

During the 1940s Renton's population nearly quadrupled, largely as a result of heightened military operations. Civic leaders, including members of the Renton Chamber of Commerce, leveraged the wartime efforts to build a more modern hospital. Opened in 1945 on Rainier Avenue at the current site of McLendon Hardware, also formerly Kmart, the brand new Renton Hospital was designed in a unique hub and spoke fashion fondly referred to as the "wagon wheel." This new, state-of-the-art facility cost \$600,000 and was initially intended to be a short-term solution during the war effort.



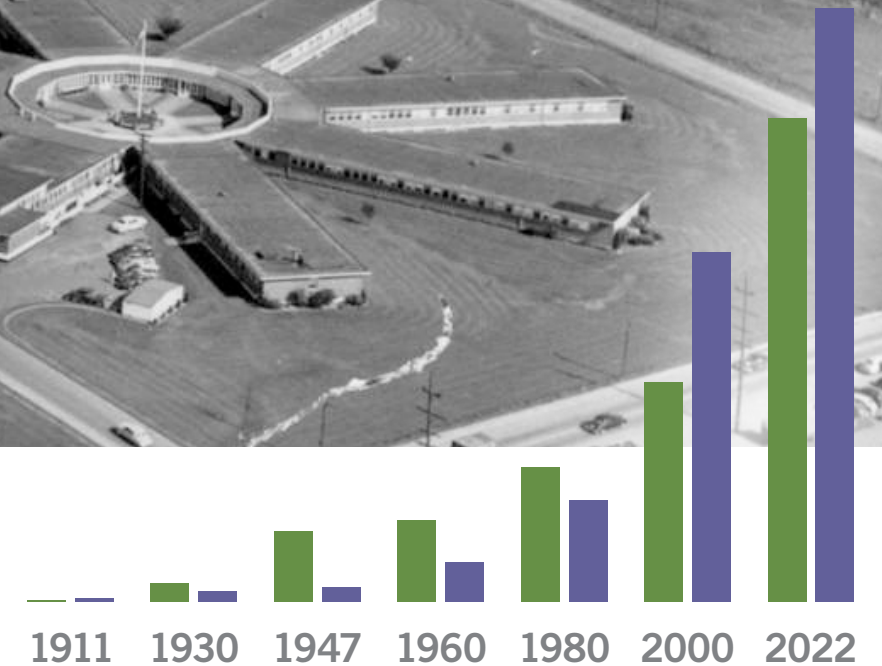
At the time it was believed the dispersed wagon wheel design may act as a deterrent to potential bombing, however, it turned out to be a very challenging design for efficient patient care. The first patient at Renton Hospital was a Boeing worker who suffered a foot injury and the first baby born was the son of a Boeing engineer.

While federal funds paid for the new hospital, the federal government declined to operate it. Afraid of seeing it close or fall into outside hands, local leaders again stepped forward, this time creating the Valley Hospital Foundation. After a special election, Public Hospital District No. 1 was formally established.

Voters approved a bond issue to purchase Renton Hospital outright, ensuring at long last the community would control its own medical services.

Today there are 56 public hospital districts in Washington state and Valley, the first and the largest, was a model for those that followed.

In the 1950s and 1960s it became apparent that the wagon wheel hospital built as a temporary solution during WWII was deteriorating quickly and needed a new home. Renton leaders joined with Kent and hatched plans for a new facility in a new location that could stand the test of time.



POPULATION GROWTH

Renton	Year	Kent
412	1911	755
4,062	1930	2,320
16,039	1947	3,278
18,453	1960	9,017
30,612	1980	23,152
50,052	2000	79,524
109,957	2022	134,835



Healing Vision



In 1965, the hospital's name was changed to **Valley General Hospital** and its Board commissioned the design of a striking new campus by world-renowned architect, **Edward Durrell Stone**, celebrated for his work on the Kennedy Center, Metropolitan Museum of Art and the American Embassy in New Delhi. Before it even served its first patient, the Board passed core philosophies that are still reflected in our Caregiver Commitment today fostering prevention, education, equitable care and collaboration.

The staff and community had a chance to see a model of the new hospital before passing a \$7M bond issue in 1967 and feedback was overwhelmingly enthusiastic. Single rooms, 80 skylights, numerous water features

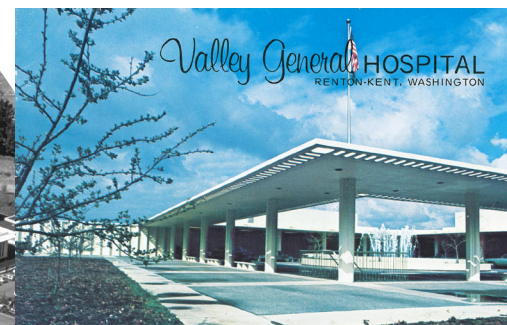
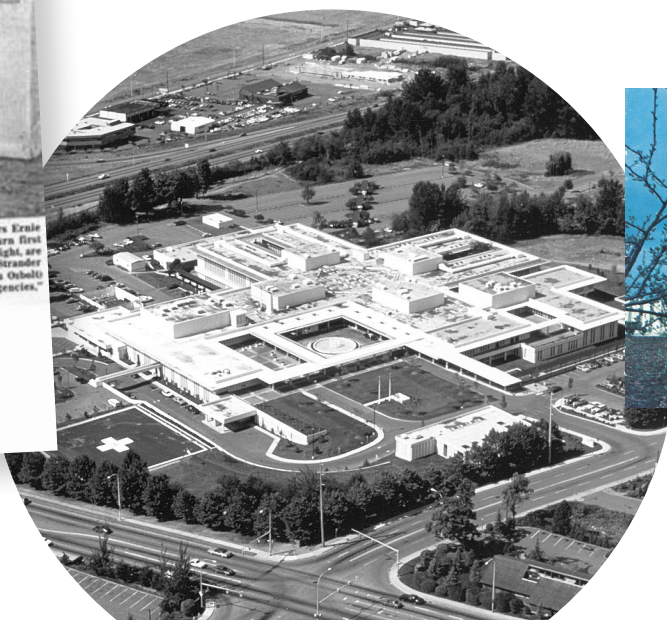
and tranquil outlooks over landscaped gardens were key features of this beautiful, healing space.



COMMISSIONERS BREAK GROUND - Valley General Hospital Commissioners Ernie Coleman, C. P. (Pete) Carron and John Latta, with "24-karat gold" shovels, turn first ground at site of new Kent-Renton facility. On speaker's stand yesterday, left to right, are Miss Kent (Barbara Curry), William E. Murray, hospital administrator; Mayor John Strander of Tukwila, Mrs. Earl Smith, president of the Auxiliary; Miss Renton (Marylou Osbolt) and the Rev. John Schaeffer. The Misses Kent and Renton were the first "emergencies," arriving by ambulance.

Ground Broken For New Hospital

Yesterday's groundbreaking ritual and land was becoming ceremony for the new Valley General Hospital brought the more scarce as population



“Although the idea that a hospital should offer a **HEALING** environment seems common, it was visionary in the 1960s.”

The debut of the new Valley General Hospital on 180th Street in November 1969 prompted congratulatory messages from around the nation.

Long-time supporter, Senator Warren Magnuson wrote: “No area is more deserving of the newest techniques in medicine and hospital care than your area, which has given the United States so much in the way of new air and space technology.”

And the senator wasn't exaggerating. Boeing boomed into the jet and space age with commanding roles in NASA's Apollo space program, lunar rovers, the Supersonic Transport (SST), hydrofoils and many other inventions. The result was an influx of jobs, people and housing. Another Renton company was responsible for

one of the icons of the age, the Space Needle. Built as the highlight of the 1962 World's Fair, the structure is supported by steel manufactured at Pacific Care & Foundry, later renamed PACCAR, which also supplied the steel for the World Trade Center.

Valley General Hospital offered the latest technology and equipment. Gases and oxygen were piped in. Doctors carried portable radios to eliminate noisy and distracting loudspeakers. Elaborate monitoring systems, closed-circuit TV and security systems were added. The building was air conditioned and fireproofed and featured efficient heating and pneumatic waste disposal systems.

Within a year of opening, Valley's medical staff more than quadrupled, from 43 to 184.

MEDICAL STAFF MEMBERS

1947	10	
1969	43	
1980	250	
2005	450	
2022	878	



Emergency Care Debuts

1970  2000

Emergency Care was provided from Valley's earliest days, but wasn't offered around the clock until 1969. At that same time, prehospital care and emergency response took a giant leap forward with the introduction of paramedics and Medic

One. The first class trained at Harborview in 1970 greatly improved survival rates, bringing new life to the term life-saving care.

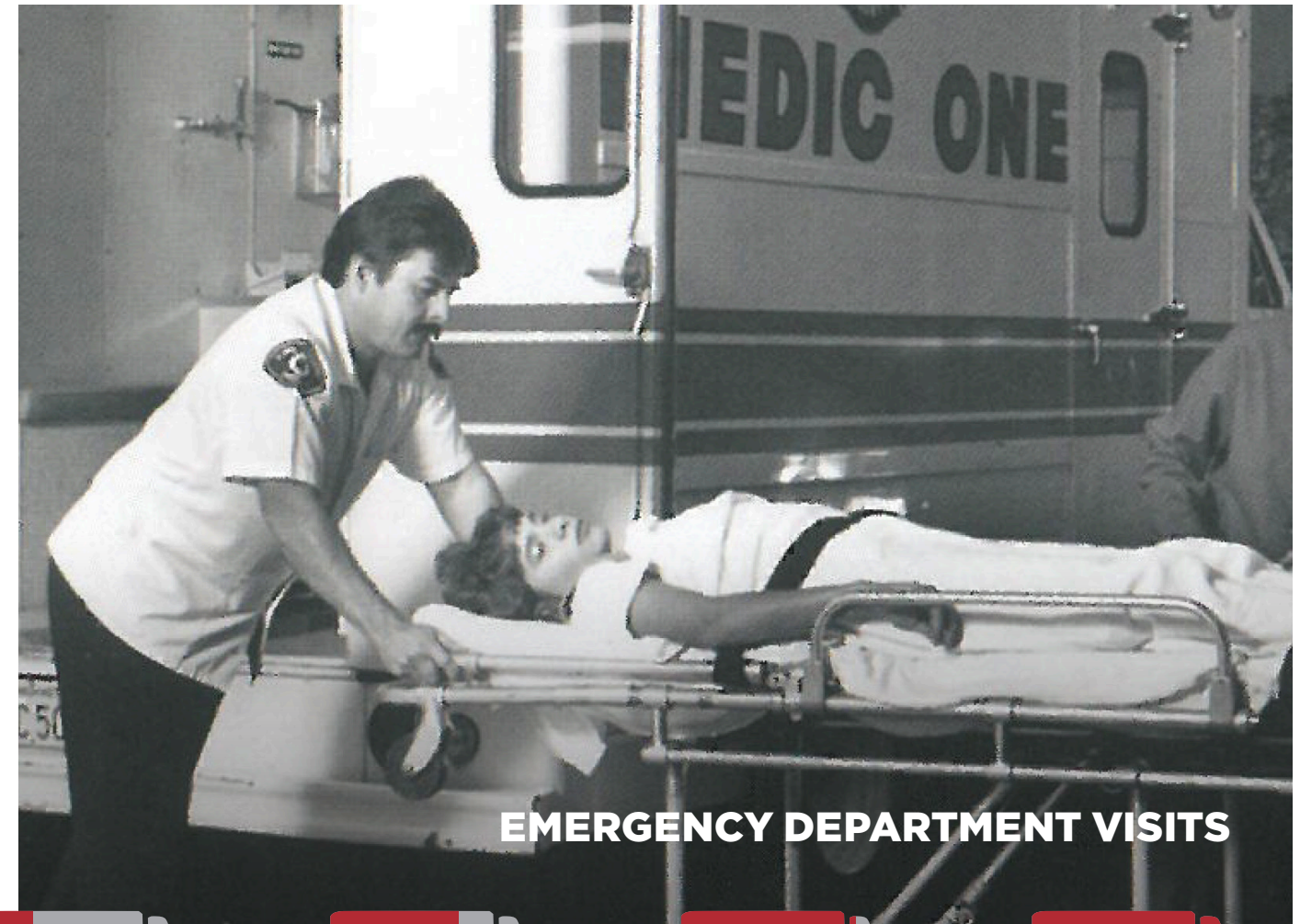
The advances of prehospital care were further magnified by a key Puget Sound area invention, the portable defibrillator. Intubation to provide an airway and defibrillation to restart the heart were valuable tools not previously available

out in the field, dramatically improving emergency care and outcomes. As our community expanded, so did Valley's responsibility and expertise to provide the crucial resources, equipment, training and staff to meet the growing needs.

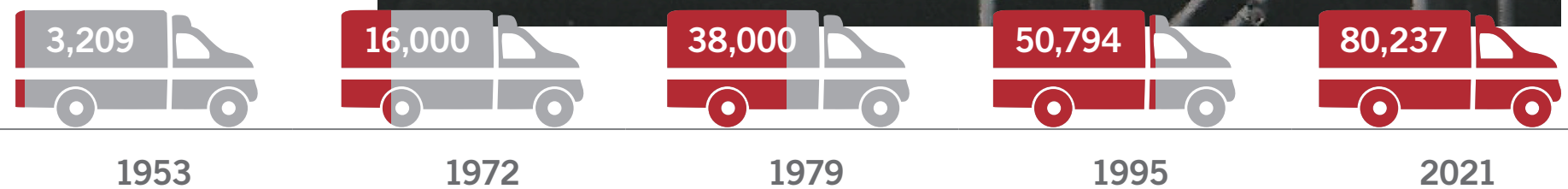
Unfortunately, by 1972 a national economic downturn plunged the Puget Sound region into a deep recession

that lasted most of that decade. Valley weathered the fluctuating economic conditions as it always had with other challenges.

Fortunately, at Valley leadership remained very stable. In fact, since 1947 there have only been four administrators: J.C. Lund, William Murray, Rich Roodman and Valley's first female CEO, Jeannine Erickson Grinnell.



EMERGENCY DEPARTMENT VISITS



By 1984, Valley General Hospital was renamed Valley Medical Center and by 1986, the Valley Family Medicine Residency opened, a community-based graduate medical education program dedicated to training highly qualified family physicians.



Care for the 21st Century

2000  2022

By the turn of the century, the population of South King County had skyrocketed. To meet the growing need for medical services, Valley nearly doubled in size and then kept right on growing.

Key projects to help meet the needs of a rapidly increasing population:

2000

Valley's Clinic Network was growing quickly, offering primary care initially and expanding to urgent and specialty care in the years to come.

2005

36-suite Birth Center and Neonatal Intensive Care Unit



2007

First floor Surgery Center and new lobby entrance



2008

Second floor Surgery Suites



2010

Seven-story patient service tower with Emergency Department, Critical Care Unit, Joint & Spine Center, stepdown and medical-surgical unit. The Tower also serves as the primary disaster recovery facility for the region.



2011

Valley and UW Medicine form a strategic alliance, to expand clinical, teaching and research programs.



2012

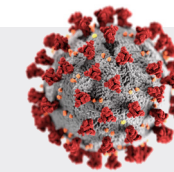
Went live with Epic e-medical records.

2018

Advanced Imaging and Special Procedure suites with MRI, CT, Nuclear Medicine, PET-CT, EP and Cardiac Catheterization Labs

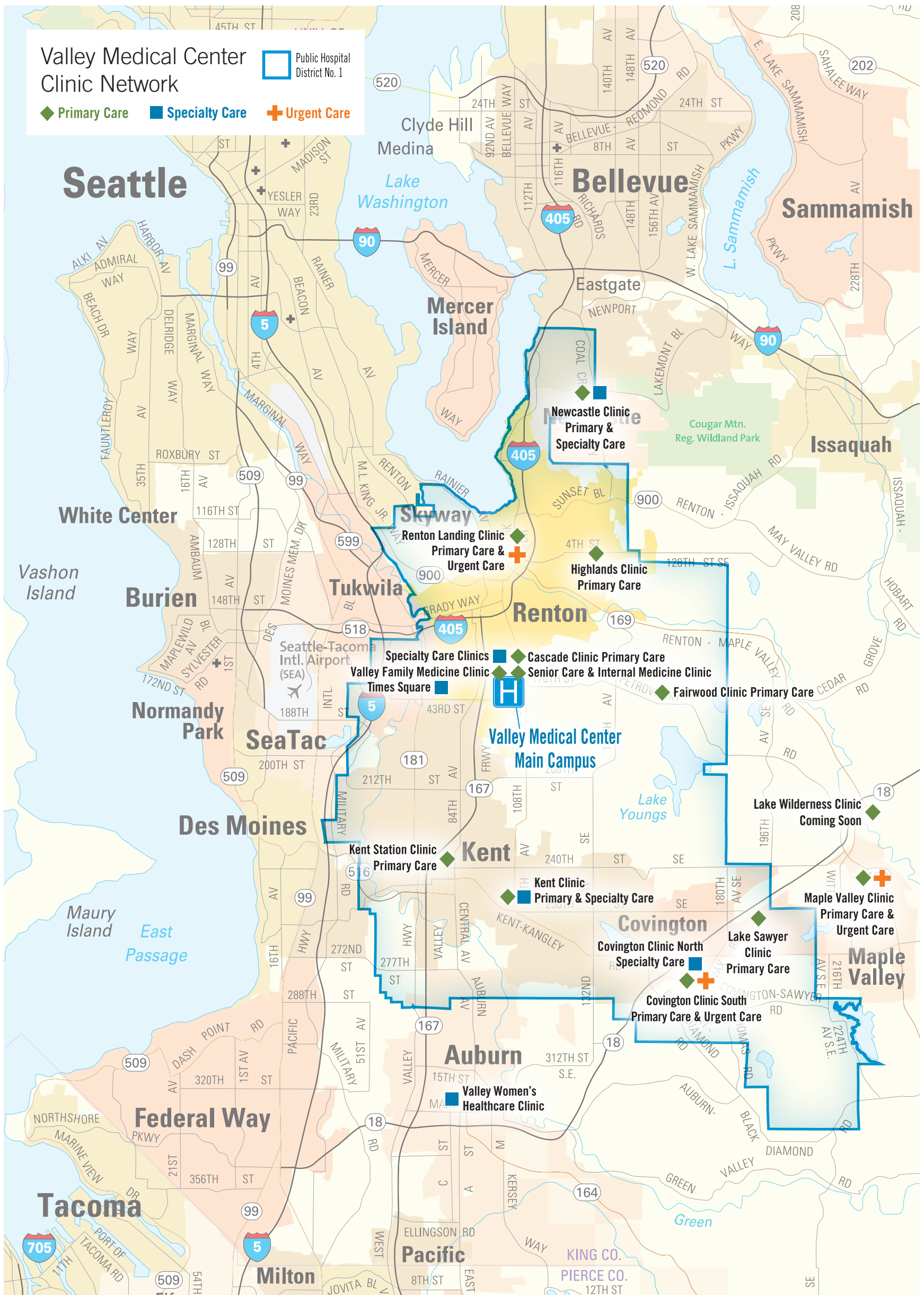
2020–2022

Played crucial role in COVID pandemic response for our South King County community.





Our Hospital District



- Auburn**
- Valley Women's Healthcare Clinic
- Covington**
- Covington Clinic South | Primary Care
 - Pediatrics
 - Podiatry
 - Covington Clinic South | Urgent Care
 - Covington Clinic North | Specialty Care
 - Anticoagulation
 - Breast Center
 - Cardiology
 - Ear, Nose & Throat
 - Dermatology
 - Midwives
 - Obstetrics & Gynecology
 - Pulmonary & Sleep
 - Rheumatology
 - Lifestyle Medicine & Fitness Center

- Kent**
- Kent Clinic | Primary Care
 - Diabetes Ed & Nutrition
 - Nephrology
 - Kent Station Clinic | Primary Care
- Maple Valley**
- Lake Sawyer Clinic | Primary Care
 - Maple Valley Clinic | Primary Care
 - Sports Medicine Clinic
 - Maple Valley Clinic | Urgent Care
 - Lifestyle Medicine & Fitness Center

- Newcastle**
- Newcastle Clinic | Primary Care
 - Sports Medicine Clinic
 - Dermatology
- Renton**
- Cascade Clinic | Primary Care
 - Internal Medicine Clinic | Primary Care
 - Senior Care Clinic | Primary Care
 - Valley Family Medicine Clinic
 - Fairwood Clinic | Primary Care
 - Highlands Clinic | Primary Care
 - Renton Landing Clinic | Urgent Care
 - Anticoagulation Clinic
 - Breast Center & Multidisciplinary Clinic
 - Cardiology Clinic

- Cardiac Rehabilitation
- Clinical Research
- Colorectal Surgery Clinic
- Dermatology Clinic
- Diabetes, Thyroid & Endocrinology Clinic
- Diabetes Education & Nutrition Counseling
- Ear, Nose & Throat Clinic
- Endoscopy Center
- Eye Clinic
- Fitness Center
- Gastrointestinal Clinic
- General & Specialty Surgery Clinic
- High Risk Screening & Genetics Clinic
- Infectious Disease Clinic
- Infusion & Immunotherapy Center
- Lifestyle Medicine
- Maternal Fetal Medicine Clinic
- Midwives Clinic

- Nephrology Clinic
- Neuroscience Institute
- Adult & Pediatric Neurology
- Neurosurgery
- Epilepsy
- Movement Disorder
- Occupational Health Services
- Oncology & Hematology Clinic
- Outpatient Therapy Services
- Psychiatry & Counseling Clinic
- Pulmonary Rehabilitation
- Pulmonary & Sleep Disorder Clinic
- Radiation Oncology

- Rheumatology Clinic
 - Supportive Care Clinic
 - Urology Clinic
 - Valley Women's Healthcare Clinic
 - Vascular Surgery Clinic
 - Wound Care Clinic
- UW Medicine**
VALLEY MEDICAL CENTER



Care for Today & Beyond



The Valley Medical Center Clinic Network is comprised of primary care clinics serving as a medical home for care management, urgent care clinics providing a safety net of after-hours care and walk-in consult and treatment, and more than 50 specialty clinics providing convenient access throughout the district.

◆ Primary Care: Partners for Health & Wellness

Valley Medical Center’s primary care providers serve as personal health advocates for our patients. Primary providers work with patients to monitor and improve health through all of life’s stages, and coordinate care with specialty physicians as needed. We are proud to offer more than a dozen primary care clinics, including:

- ◆ Cascade Clinic
- ◆ Covington Clinic South
- ◆ Fairwood Clinic
- ◆ Highlands Clinic
- ◆ Internal Medicine Clinic
- ◆ Kent Clinic
- ◆ Kent Station Clinic
- ◆ Lake Sawyer Clinic
- ◆ Maple Valley Clinic
- ◆ Newcastle Clinic
- ◆ Renton Landing Clinic
- ◆ Senior Care Clinic
- ◆ Valley Family Medicine Clinic



Today, Valley is a 341-bed acute care hospital and clinic network committed to our mission of caring for our community like family. The oldest and largest public district hospital in the State of Washington, VMC proudly serves more than 600,000 residents in South King County. Dedicated to patient safety and improving the overall health of the community, VMC is a thriving medical center and the largest nonprofit healthcare provider between Seattle and Tacoma.

+ Urgent Care: Walk-in Medical Services

VMC’s Urgent Care eliminates the wait and expense of the ER for ailments that aren’t life-threatening. For sudden illness, minor injuries, and other services, patients can choose walk-in and after-hours care with no appointment or get in line online to skip the wait. Telehealth appointments available.

- + Covington Clinic South
- + Maple Valley Clinic
- + Renton Landing Clinic



Today & Beyond

Specialty Care: Extensive Network of Specialists

VMC offers a comprehensive network of board-certified specialists to meet the healthcare needs of your entire family. From digital mammograms to dermatology, and oncology to neurology, we've got you covered. Specialty services include:

- | | | |
|--|---|------------------------------------|
| Anticoagulation Clinic | Hematology | Outpatient Therapy Services |
| Birth, OB/GYN, Midwives, Maternal Fetal Medicine, Genetic Testing & Neonatal Intensive Care Unit | Imaging Services | Palliative & Supportive Care |
| Breast Cancer Multidisciplinary Clinic | Infectious Disease | Pediatric Services |
| Breast Center & Bone Mineral Density Testing | Infusion & Immunotherapy | Podiatry |
| Cardiology | Internal Medicine | Psychiatry & Counseling |
| Clinical Research | Lifestyle Medicine & Fitness Center | Pulmonary (Adult & Pediatric) |
| Dermatology | Nephrology | Rheumatology |
| Diabetes Education & Nutrition Counseling | Neurology, Pediatric Neurology, Neuro Oncology, Neuropsychology, Neurosurgery, Epilepsy, Headache, Spine & Stroke | Senior (Geriatric) Care |
| Ear, Nose & Throat (ENT-Otolaryngology) | Occupational Health Services | Sleep Medicine (Adult & Pediatric) |
| Emergency Services & Level III Trauma Center | Oncology Services: Screening, Genetic Testing, Treatment & Support | Sports Medicine |
| Endocrinology | Ophthalmology | Surgery (General & Specialty) |
| Family Medicine | Orthopedic Services | Urogynecology |
| Gastroenterology & Endoscopy | | Urology |
| | | Vascular Surgery & Services |
| | | Women's Health |
| | | Wound Care |

Virtual Care

From Valley's MyChart patient portal to telehealth visits for primary, urgent and specialty care, patients can:

- communicate with their doctor
- make and manage appointments
- get care remotely from the comfort of home
- access test results
- request prescription refills and more



AWARD-WINNING CARE

From a great work environment to exceptional patient care, we're pleased to say Valley Medical Center earns high marks across the board.

- Rated top 10% nationally by *U.S. News & World Report* in treatment for: heart attack, heart failure, hip replacement, kidney failure, knee replacement & stroke
- National Committee for Quality Assurance (NCQA) highest recognition, Primary Care Medical Home Level 3 Status, for all Clinic Network primary care clinics
- American Heart & Stroke Association's Get With The Guidelines Stroke Gold Plus Quality Achievement Award, Target: Stroke Honor Roll Elite & Target: Type 2 Diabetes Honor Roll
- Award of Excellence for Percutaneous Cardiac Intervention (PCI) from the Foundation for Healthcare Quality
- Neuroscience Institute Highest National Level 4 Epilepsy Center Accreditation by National Association of Epilepsy Centers
- Cancer Services Among Top 10 Percent in Nation, Commission on Cancer Three-Year Accreditation with Commendation
- Mission: Lifeline® Silver STEMI Quality Achievement Award from the American Heart Association
- LGBTQ Leader in Healthcare Equality Index since 2011
- *Hospitals & Health Networks* "Healthcare's Most Wired" award
- Recognized by HealthGrades®, Becker's Hospital Review and Medicare for excellence in orthopedic care and joint replacement
- Blue Distinction Specialty Care recognition for exceptional patient experience and performance in spine surgery
- Earned distinguished Acclaim Award from the American Medical Group Association for measurably improving the quality and value of care



Reflection of Our Community

Valley is not just a building, or a piece of equipment, or a new technology. Valley is the setting for thousands of daily acts of courage and kindness. And it is where many of life's passages take place. Valley reflects the best of our community: its spirit, compassion, vibrant tapestry and hope for the future.

