Other Low-Cost Bike Helmet Options in King County

Valley Medical Center provides this information to the community to promote safety and does not endorse one organization over another. This list has been developed as a guide. The list is only as current as the information provided by the organization at the time of the request. Please contact the organization to confirm services.

ORGANIZATION	CONTACT INFORMATION	DETAILS
Cascade Bicycle Club 7400 Sand Point Way NE, Building #138 Seattle, WA 98115	Julie Salathé, 206.523.1952 cbcef.org	Helmets sold at community events throughout the summer or year-round by appointment; multi-sport styles in toddler through XL for $15; free helmets for qualifying low-income individuals.
Seattle Children's Hospital & Regional Medical Center 4800 Sand Point Way NE Seattle, WA 98105	Stacy Helton 206.987.5265 866.987.2000 seattlechildrens.org	Several helmet fittings and giveaways throughout the year for children 1 – 18 (no adults); wearer must be present & fit to purchase. makesurethehelmetfits.org
Mary Bridge Children's Hospital Safe and Sound Building 1112 S. 5th Street, Tacoma, WA 98405	Laura Miccile 253.403.1234 multicare.org/ childhoodsafety	Helmet fitting only—no sales; free life jacket loaners; call for holiday or weather-related closures; by appointment only. Car seat help line: 253.403.1417
Kent Fire & Rescue Service	Melanie Taylor 253.856.4482	By appointment only; for low-income citizens who could not otherwise afford helmets.
Valley Regional Fire Authority 1101 D St. NE, Auburn, WA 98002	Kimberly McDonald 253.288.5800 kimberly.mcdonald@vfra.org vrfa.org	Adult and child-size helmets are $5, with fitting included; no appointment necessary—walk-in visits accepted. Visit vrfa.org for more information and bicycle safety tips.
Celebrate Seniority Through Multicare 1401 East Main St, Puyallup, WA 98372	Rosemarie 253.697.7385	Child and adult helmets are available for $8; call to make an appointment; 1 – 3 PM every Thursday
Injury Free Coalition for Kids of Seattle & Harborview Injury Prevention and Research Center 325 Ninth Avenue, Seattle, WA 98104	206.744.9430 injuryfree.org	Low-cost children's helmet sales and fittings are offered three times per year at community events.
ThinkFirst Washington 1717 S. J Street, Tacoma, WA 98405	Michael Corsini 253.426.6668	Low-cost, safety-certified children's and adult bicycle & multi-sport helmets available to western Washington residents through schools & organizations only.
University of Washington Student Health Advisory Quorum Box 354410 Seattle, WA 98195-4410	Mark Shaw 206.616.8476 depts.washington.edu/ hhpccweb – click on "Health Promotion"	Reduced price adult and toddler helmets, priced from $12-14, as well as various discounted cycling gear; call for an appointment; hours of availability are typically 11 AM - 3:30 PM, but exceptions are possible.
University Place Fire Department 3631 Drexler Dr. W. # B University Place, WA 98466	Hallie McCurdy 253.564.1623	Reduced-price adult and children's bike helmets; call for an appointment Monday - Friday, 8 AM - 4:30 PM.