

# Children's Therapy

UW Medicine

VALLEY  
MEDICAL CENTER

▶ SHARE WITH A FRIEND!

## Parent Resource Newsletter

### Splish, Splash—New, Small Group, Adaptive Swim Lessons!



Beginning in April, the Coal Creek Family YMCA in Newcastle will be offering small group, adaptive swim lessons for children with special needs! For program information, please contact the Coal Creek Family YMCA at **425.282.1500**. They are located at 13750 Newcastle Golf Club Rd.

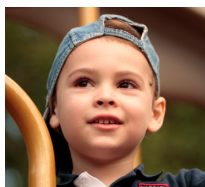


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### Medicaid and Autism: New Therapy Benefits in Development



The Health Care Authority is developing a proposal that would extend an Applied Behavior Analysis (ABA) therapy benefit to all Apple Health for Kids clients with a diagnosis in the Autism Spectrum Disorder classification.

Pending federal approval, they will help families and providers arrange for these children to access the medically necessary services they may need. If you treat a child or are the parent of a child covered by Medicaid who has a diagnosis of autism spectrum disorder, and you believe the child is a candidate for ABA therapy or needs a consultation with a specialist, please contact Gail Kreiger at the Health Care Authority to learn about coverage pending federal approval or how to start this process. Call **360.725.1681** or visit [hsa.dshs.wa.gov/abatherapy/](http://hsa.dshs.wa.gov/abatherapy/) for more information.

#### ▶ WORKSHOPS AND CLASSES

### Free Language, Learning & Motor Development Assessments: Kent School District Child Find Screenings

The Kent School District will offer free Child Find screenings for children ages three through five who may have a disability. The screenings will be in the areas of language, learning and motor development.

**Address: 12033 SE 256th Street, Kent, WA**

**2013 Dates: 03/22, 03/29, 04/05 & 04/26/2013**

For more info and to schedule a screening, please call **253.373.7513**.

**Like Us on Facebook** If you have a good experience at Children's Therapy, we invite you to visit [facebook.com/valleymed](http://facebook.com/valleymed) with your comments.



## Family Helping Family, Parent Mentoring Parent—Open Doors for Multicultural Families

Open Doors for Multicultural Families is a nonprofit, charitable organization dedicated to ensuring that families who have loved ones with developmental disabilities and special healthcare needs have equal access to culturally and linguistically appropriate information, resources and services. View their **resources, services and projects** at [multiculturalfamilies.org/News--and--Events.php](http://multiculturalfamilies.org/News--and--Events.php).



## Do You Know How to Recognize the Stages of your Child's Development?

Children grow and develop quickly during the first years of their lives. As a parent, you are the most important person in your child's life. You notice when your child smiles for the first time, rolls over, sits, walks and begins to talk. These moments mean that your child is learning! For help recognizing the developmental stages your child is going through, view our **Children's Therapy Birth to Six—Growth & Development flyer** at [valleymed.org/uploadedFiles/valleymedorg/Our\\_Services/Childrens\\_Therapy/VMC\\_Flyer\\_CT-Birth-to-6\\_2-12.pdf](http://valleymed.org/uploadedFiles/valleymedorg/Our_Services/Childrens_Therapy/VMC_Flyer_CT-Birth-to-6_2-12.pdf) (or **Spanish version** at [valleymed.org/uploadedFiles/valleymedorg/Our\\_Services/Childrens\\_Therapy/VMC\\_Flyer\\_CT-Birth-to-6\\_11-12\\_SP.pdf](http://valleymed.org/uploadedFiles/valleymedorg/Our_Services/Childrens_Therapy/VMC_Flyer_CT-Birth-to-6_11-12_SP.pdf)). Discover **learning activities** at [parenthelp123.org/child-development](http://parenthelp123.org/child-development) to promote healthy development.

## Free Orthodontic Treatment Opportunities Will Create Smiles all Around!



Dr. Haeger of Haeger Orthodontics in Kent has started a new chapter of *Smiles for a Lifetime* Foundation in our area. *Smiles for a Lifetime* is a non-profit organization which awards orthodontic scholarships to children whose families are unable to pay for braces. Dr. Haeger's goal is to improve the smile and self esteem of eight children a year by awarding them complimentary orthodontic treatment. Children who are good candidates are between the ages of 11 and 18, have orthodontic needs and would qualify for free or reduced lunch. Other circumstances such as a family with a large financial burden, due to other medical expenses, will be considered.

To nominate a child, contact Haeger Orthodontics at **253.850.7043** and request an application via email. The board will evaluate all applicants, selecting those with the greatest need: 100% of the orthodontic treatment costs will be covered by the scholarship. The application deadline for the first set of four recipients is March 31, 2013.

### ▶ DONOR CORNER

#### We Love Your Donations!

If you are able to donate an iPad, iPod or iTunes gift cards in any denomination for the clinic, that would be greatly appreciated!

#### Children's Therapy Donor Recognition

Please let us know if you donate any new items to Children's Therapy, such as Play-Doh, jugs of bubbles or a monetary/iTunes card donation, so that we can thank you by name in this newsletter.

We are so appreciative of and thankful for your donations!

### ▶ CHILDREN'S THERAPY WEBSITE

### ▶ PREVIOUS NEWSLETTERS

#### Back Issues of the *Parent Resource Newsletter* Available Online

Visit [valleymed.org/childrenstherapy](http://valleymed.org/childrenstherapy) to view back issues of the Children's Therapy Parent Resource Newsletter.

#### If This is Your First *Parent Resource Newsletter*

Welcome to all of our new families! The *Parent Resource* is our bi-monthly e-newsletter, keeping you current with what's going on that may be of interest to your family. Printed copies are also available at Children's Therapy. We'll keep you up-to-date about resources and events in the area, while providing information about Children's Therapy policies and changes. We welcome your comments—please tell your therapist if you have any suggestions or input. Information about non-VMC sponsored events is for your consideration only: we cannot guarantee the accuracy/content of the listed events and services.