

Spend less time with pain, and more with them.

Nothing beats spending quality time with your family. But joint pain can slow you down – maybe even keep you from participating. So if aching joints are nagging you, consider hip or knee surgery. And consider The Joint Center at Valley Medical Center.

We've performed thousands of joint replacement surgeries and are ranked in the **top 5% nationally and among the top 5 in Washington State** according to HealthGrades. Our Medical Director, Dr. William Barrett, was recently named one of **Seattle's Top Doctors** by *Seattle Metropolitan Magazine*, and in addition to teaching surgeons, assists in the design of implants. Visit Dr. Barrett's blog at www.drwilliambarrett.com.



THE JOINT CENTER

FREE INFORMATIONAL SEMINARS

You can have your personal questions answered at one of our **Free Informational Seminars**.

Every Monday 11 am – 12 pm
Wed, December 3 6 pm – 7:30 pm
Wed, December 17 6 pm – 7:30 pm

Location: Valley Medical Center
Joint Center, 3rd Floor
400 South 43rd St.
Renton, WA 98055

To register, please call **425.656.4636**. Learn more at www.valleymed.org.



Valley Medical Center

Remarkable things happen here.