

# Stroke Club 2010



**Location:** VMC's Medical Arts Center – First Floor, Conference Center, Room A

**Date/Time:** Tuesdays listed below from 1:30–2:30 pm

**Speakers:** Guest Speakers and members tell their survival stories.

Date	Topic	Speaker
<b>March 30</b>	Available Recreational Activities Ask the Doctor Part I	John Mantle – Stroke Club Member Cynthia Murphy, MD Neurologist
<b>April 27</b>	Dealing with Emotions	Kimberly Veilleux, ARNP
<b>May 25</b>	Stroke Survivor Stories	Stroke Club Members
<b>June 29</b>	Modified Activities to Encourage Arm & Hand Movement	Anne Dahlin, OTR Occupational Therapist
<b>July 27</b>	Brain Games	Vanessa Isom, M.A., CCC/L Speech-Language Pathologist
<b>August 31</b>	Stroke Survivor Stories	Stroke Club Members
<b>September 28</b>	Memory and Cognition	Sohi Oh, M.A., CCC Speech-Language Pathologist Tina Eng, OTR Occupational Therapist
<b>October 26</b>	Care for the Caregivers	Kimberly Veilleux, ARNP
<b>November 30</b>	Giving Thanks/Celebrating Ask the Doctor Part II	Rehab Services Neuro Rehab Team Cynthia Murphy, MD Neurologist

*Topics are generated by participants and may change from month to month. Stroke survivors and caregivers are welcome. See map on the back. For more information, call Rehabilitation Services at 425.251.5665 or visit [valleymed.org/rehab](http://valleymed.org/rehab).*

 Valley Medical Center

**The Stroke Center**



### Medical Arts Center (MAC)

Park in the parking garage next to the MAC. Cross the skybridge to the MAC on Level 3 and take the elevator down to the first floor Conference Center.

**For more event information, contact  
Rehabilitation Services**

**425.251.5665**  
**[valleymed.org/rehab](http://valleymed.org/rehab)**

