The Institute of Medicine (IOM), defines patient-centered care as: “Healthcare that establishes a partnership among practitioners, patients, and their families...to ensure that decisions respect patients’ wants, needs, and preferences and that patients have the education and support they need to make decisions and participate in their own care.” This definition will guide the planning and design of the new Comprehensive Cancer Center at Valley Medical Center.

Here, patients and families will experience coordinated care from multiple specialists who review each patient’s case as a team, to develop a customized treatment plan. We will provide exceptional care without the commute to Seattle.

Our Comprehensive Cancer Center will support the cancer patient and their family on their journey with cancer. From dedicated Oncology Specialists to state of the art technology to a complete compliment of Support Services, we will walk with and guide the patient and their family every step of the way.
Departments within the Cancer Center

**Hematology and Oncology Clinic**

Our oncologists work to provide best-in-class care and treatment for patients with cancer. Oncologists and hematologists work together to ensure a comprehensive approach to treatment for each patient.

- **Interdisciplinary Care Suite** – will provide space for multi-disciplinary care teams to come together within the Cancer Center to collaborate, initiate and discuss care pathways for oncology patients.
- **Large Conference Room** for Tumor Boards, Care Conferences, Family Discussions, Support Groups and Educational offerings.

**Infusion and Immunotherapy Center**

Therapy is a difficult process for many, our goal is to make your time with us as comfortable and healing as possible, while providing you with safe, quality and compassionate care. To make this part of your care easier we offer these services within the Center:

- **Pre-Chemotherapy Teaching** – Through one on one education with the patient and their family, a certified Oncology Nurse will explain the treatment plan, answer questions and provide a tour of the Infusion Center. This helps acquaint patients with the environment and develop a higher level of comfort and trust with the care team.
- **Fast Track Room** – Here patients needing blood draws, port flushes or other quick procedures will receive expedited care; minimizing their wait times.
- **Infusion Treatment rooms** are designed with the patient and family in mind. Our treatment area includes items to make the stay as comfortable as possible. Each room includes: recliner or bed, television, free WiFi Internet access, computer and DVD player (upon request), books, magazines, pillows, heated blankets, free interpreter services and snacks.

- The types of treatment offered in this patient and family centered space are:
  - Antibiotic therapy
  - Anti-inflammatory and steroid therapy
  - Blood, plasma and platelet transfusions
  - Chemotherapy and biological therapy
  - Iron therapy
  - Hydration and electrolyte replacement
  - Medication infusions
  - Pain management medications
  - Port care

**Radiation Oncology**

The very latest and best technology for our patients. Our highly trained staff will partner this technology with their experience to deliver the following types of treatments:

- **Stereotactic Radiosurgery (SRS) and Radiotherapy (SRT)** delivers precise, high doses of radiation to formerly inoperable brain and spine tumors while minimizing radiation exposure to healthy tissue. SRS and SRT requires no incision and eliminates complications and substantial recovery time associated with traditional surgery.
- **Image Guided Radiation Techniques (IGRT)** is an advanced form of patient positioning. When a high-dose radioactive beam must focus on small tumors or portions of organs to minimize effects on nearby healthy tissue, accurate positioning is particularly critical.
- **Intensity Modulated Radiation Therapy (IMRT)** shapes a treatment beam to fit the contours of its target. With computerized “sculpting,” high radiation doses can be delivered to a tumor while sparing normal surrounding tissue and organs.
- **High Dose Rate (HDR) Brachytherapy** shortenes radiation treatments for some gynecologic cancers from days to hours. An intense radioactive source is placed in or near malignant tissue. Normal tissues receive less radiation than from an external beam, which means fewer complications.
Breast Center

An expert team of mammography technologists, radiologists and support staff go to great lengths to create a relaxing atmosphere and experience. Warm robes, designer gowns, delicate tea service, and original artwork—all are part of the calm, reassuring environment. Here a patient may walk in with a concern and will be guided through the imaging necessary to diagnosis the concern. Dedicated Breast Radiologists will meet with the patient and give the patient their results prior to leaving.

- 3D Mammography
- MDC – Multi-Disciplinary Breast Clinic
- Look Good, Feel Better – Sponsored by Valley Medical Center and the American Cancer Society, this program meets the special needs of women going through cancer treatment. Topics cover skin and hair care, hair loss, cosmetics, wigs and nutrition.

Support Services

- Oncology RN Navigators – Help coordinate treatments and provide one number to call with questions or concerns.
- Social Workers – Help patients and families find needed resources at the hospital and throughout the community.
- Financial Coordinators – Assist with finding available resources to address financial concerns.
- Registered Dietitian – Promotes good health through proper diet. Our dietitian will work with patients to develop a therapeutic diet to aid in the treatment of disease, provide nutrition assessment, interventions and counseling for individuals—and their loved ones—undergoing treatment.
- Research and Clinical Trials – View patient eligibility for available clinical trials. Works with providers and patients to enroll, support and track patients in trials.
- Pet Therapy – Dogs provide non-judgmental love and compassion—they just want to sit by your side, provide a little comfort and put a smile on your face. They are also wonderful ways to: lower blood pressure, ease stress and distract from difficult situations.
- Skincare and Spa Services – Oncology Certified Aesthetician provides skin care therapy services, including a variety of facials and peels, spa manicure, foot treatment, mineral makeup service, waxing, tinting and hydrating scalp treatment for those who need to bring their skin back in to balance and/or de-stress.
- Cancer Resource Center (CRC) – Provided in partnership by Valley Medical Center and the American Cancer Society, the CRC provides important programs and services free of charge, such as: Wig, Hat and Turban Bank; Look Good, Feel Better; Reach to Recovery; Road to Recovery; and a free 24-hour Resource Hotline.
- Cancer Lifeline – provides patients and their families with free classes, seminars, support groups, social activities, Lebed Method, Yoga, artistic expression, and more.
Specialized Clinics within The Cancer Center

- **High Risk Screening and Genetics Clinic** – Develops personalized plans for cancer screening, risk reduction and possible genetic testing.
- **Palliative Care** – Designed to support quality of life decisions, improve symptoms and manage pain for people with progressive, serious illnesses or medical conditions.
- **Oncology Rehabilitation Services** – Works to improve physical strength to offset limitations caused by cancer and cancer treatment. Increases a person’s ability to care for themselves and reduces support needed from caregivers. Manages symptoms of cancer and its treatment, including fatigue, sleep problems and pain. (Some treatments will be done in Rehabilitation Services on VMC’s main campus).
  - Physical Therapy
  - Occupational Therapy
  - Lymphedema Services
  - Occupational Therapy
  - Speech Therapy
- **Plastics and Reconstructive Surgery** – Whether cosmetic or reconstructive, these services have the potential to be life-changing, both physically and emotionally.
- **Survivorship Program** – Once a patient has completed their cancer treatment they will be scheduled for a visit with an Oncology provider to review their Cancer Treatment summary and develop an individual Survivorship Care Plan. The goals of this program are:
  - help survivors transition from active treatment to life after treatment
  - Coordination of follow up care plan
  - Gives survivors the tools they need to be well and get back to living life again

Dedicated Tumor Boards

**Multi-Disciplinary Breast Clinic**

Also known as MDC. A private, individual consultation with a team of specialists in one single office visit.

Many of the recent advances in the diagnosis and treatment of breast cancer require close collaboration between cancer specialists in differing areas of expertise. Valley Medical Center’s Multidisciplinary Breast Clinic brings those specialists together to evaluate each patient’s case and then to meet individually with the patient to discuss treatment options. A process that might otherwise take weeks is completed in a single day, and treatment can begin quickly.

**Multi-Disciplinary Neurosurgery Clinic**

Known as Neuro MDC and modeled after the Breast MDC, it brings the caregivers together to discuss treatment options and then meets with the patient at one appointment.

**Tumor Boards**

Tumor Boards are multi-disciplinary cancer conferences where caregivers come together to discuss patients recently diagnosed with cancer. Specific Tumor Boards are held for the following diagnoses: breast, lung, head and neck, gyn oncology, urology and general. The caregivers present at these conferences include:

- Primary Care Providers
- Radiologists
- Pathologists
- Medical and Radiation Oncologists
- Surgeons
- Site specific Specialists: Pulmonologists, Neurologists, Urologists, Otolaryngologist
- RN Oncology Navigators
- Social Workers
- Nurses, Medical Assistants
- Clinical Trial Coordinator
- Psychiatry
- Genetics
- Other members of the cancer resource team.