

HAVING A BABY? CHOOSE VALLEY.

You spend so much time setting up your nursery and preparing for your new baby, make sure to put the same care and effort into choosing your hospital. Babies don't schedule their delivery, don't assume your hospital offers these vitally important services right on-site that help ensure you and your baby's comfort and safety.

It's never too late to find a provider who delivers at Valley. Visit us at valleymed.org/choosevalley.

Choose a hospital that delivers peace of mind. **CHOOSE VALLEY.**



Designated 2017-2022

**Birth Center
Neonatal ICU
Pediatrics**

UW Medicine
VALLEY
MEDICAL CENTER

Hospital Shopping List

Make sure to take this list with you to your next doctor's appointment.

10 Reasons to Deliver at Valley:

- ✓ **ON-SITE Nitrous Oxide non-narcotic pain relief & other pain management options**
 - ✓ **ON-SITE 24/7 Anesthesiologists** provide you with pain management and an epidural if requested
 - ✓ **ON-SITE Seattle Children's & UW Medicine neonatologists**, available 24/7 to care for the most fragile newborns
 - ✓ **ON-SITE Level III Neonatal ICU**, in case your little one needs extra-special support, greatly reducing the need for transfer to another facility
 - ✓ **ON-SITE 24/7 OB Hospitalists** respond to and assist with obstetrical emergencies
 - ✓ **ON-SITE and community-based Board-Certified OB/GYNs and Certified Nurse Midwives**
 - ✓ **ON-SITE Maternal Fetal Medicine specialists**
 - ✓ **ON-SITE Genetic Counselors**
 - ✓ **ON-SITE Certified Lactation Consultants**
 - ✓ **ON-SITE Comprehensive Childbirth Education Program and New Parent Support Groups**
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- ✓ **CHOOSE VALLEY**

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