

Helpful Tips for Adding Your Newborn to Insurance Coverage

**Birth Center
Neonatal ICU
Pediatrics**

UW Medicine

VALLEY
MEDICAL CENTER

Congratulations!

Thank you for choosing Valley Medical Center to be a part of your child's birth. At Valley Medical Center, our mission is caring for our community like family—we are so pleased that you will always have a connection to our Valley family as you begin the amazing journey of being a parent. Remember Valley Medical Center is beside you, every step of the way.



Adding Newborn Insurance Coverage

- **Report the birth of your child to your employer benefits office or human resources department as soon as possible. (Some insurers have application deadlines, so please check with your employer.)**
- **Report your child's birth to your insurance carrier.**

If you have questions or are feeling overwhelmed about how to add your newborn to your insurance, we can help you. Please call our Customer Service Department at 425.690.3578.

Valley's Continued Care for Your Child

Pediatric primary care is available at Covington Clinic South. Most Valley primary care providers specialize in Family Medicine, caring for everyone in the family including babies, toddlers, teens and adults. If you need ongoing help with breastfeeding after you go home, please call our lactation services for an appointment. In addition to 24-hour pediatric hospital care, Valley offers pediatric services for surgery, sleep disorders, respiratory care, neurology, ear, nose and throat (ENT) problems, sports medicine, endocrinology, and neonatal intensive follow-up care, physical therapy, occupational therapy and speech language pathology at Valley's Children's Therapy.

Covington Clinic South (pediatric primary care).....	425.690.3430
Find a Family Medicine primary care physician	valleymed.org/docs
Children's Therapy	425.690.3513
Ear, Nose & Throat Clinic	425.690.3602
Lactation services	425.228.3440, ext. 2526
Pediatric Neurology Clinic & Pediatric Sleep Center	425.690.3585
Sports Medicine	425.690.3423

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