

Your Checklist for Autism Spectrum Disorder Diagnostic Testing & Followup

- 1. **Discuss concerns about autism spectrum disorder (ASD) with your physician.** Screenings are available with your physician; a full-evaluation may be necessary.
- 2. **Get referral to a pediatric neurologist through the Valley Medical Center Neuroscience Institute** for an evaluation and to determine a testing plan. valleymed.org/ped-neuro
- 3. **Get referral to Valley Medical Center's Children's Therapy for an Autism Diagnostic and Observation Schedule-Second Edition (ADOS-2) evaluation.**

What is the ADOS-2?

Depending upon your child's skills, a therapist will play, interact, and/or talk and chat about 10 – 15 “fun and everyday” activities/topics of conversation. One task might consist of a snack (bring two different finger foods that your child enjoys eating.)

What are the minimum requirements of the ADOS-2?

Your child must be 12 months of age (the test can be administered through adulthood), able to walk a few steps independently without assistance, and have all hearing and vision impairments corrected. If your child takes medication, please continue to administer the medication for this testing.

What will occur during the 2 – 3 hour, ADOS-2 testing session?

- An interview regarding concerns, medical background, educational and therapeutic histories, etc.
- Administration of the ADOS-2 and discussion of preliminary findings and recommendations



What are the next steps after the ADOS-2 testing session?

- The therapist will spend another hour reviewing and analyzing the information from the ADOS-2 evaluation process immediately after the evaluation.
- The therapist will spend several hours writing up the report for the pediatric neurologist and primary care physician and forward the report to them as their schedule allows.
- 4. **Schedule a follow up neurology appointment.** Once your child's neurologist has received the ADOS-2 report, their office will contact you for a follow up appointment to review the report, discuss diagnosis, recommendations, and future planning. You will receive a copy of the ADOS-2 report at this time. The pediatric neurologist will let you know when they would like to see your child in order to monitor them, conduct and review additional testing, and/or make more recommendations over time.

How do I obtain another copy of the ADOS-2 report at a later time?

- Sign paperwork to receive this report in the mail from our VMC Medical Records Department for a small fee or go to the VMC Medical Records Department in person with no fee required. valleymed.org/records
- Visit the Children's Therapy webpage for specific information on getting a copy of your child's ADOS-2 test report, part of their medical record. valleymed.org/childrenstherapy See tab for Policies, Consent Forms & Medical Records.

Children's Therapy

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