

Schedule Your Mammogram Today!

Early Detection is Your Best Protection

- A woman's chance of developing breast cancer in her lifetime is 1 in 8
- 8 out of 10 diagnosed women have no family history of breast cancer
- With early detection, the five-year survival rate for breast cancer is excellent, and can approach 100 percent
- Research has shown early detection reduces breast cancer mortality by up to 44 percent

At Valley Medical Center, we offer:

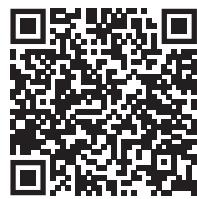
- 3D digital mammography
- DEXA bone density testing
- Diagnostic breast ultrasound
- Breast biopsies

Schedule your appointment!

- No referral required for screening mammogram
- Screening mammography can be scheduled most easily through your MyChart, **under the Appointments tab.**
- You may also schedule your screening mammography or all other appointments by calling 425.690.3688.

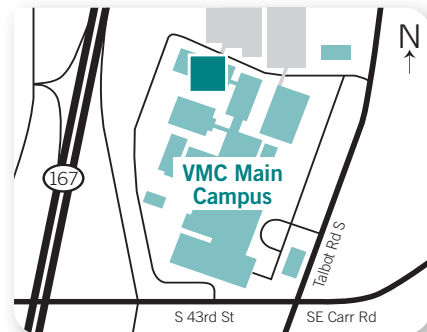
More information at valleymed.org/breastcenter.

Scan the QR code to
schedule in MyChart today!



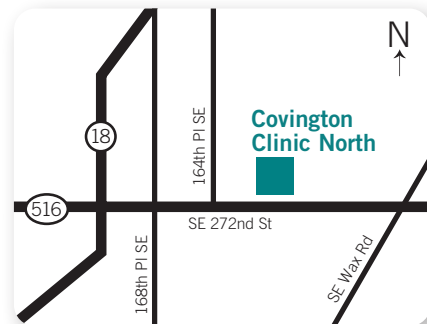
SQUEEZE US IN!

Schedule your mammogram at one
of Valley's two convenient locations:



Valley Medical Center, Renton

Medical Arts Center building
4033 Talbot Road S. Ste. 470
Renton, WA 98055



Covington Clinic North

16850 SE 272nd St. Ste. 250 (2nd floor)
Covington, WA 98042



VALLEY MEDICAL CENTER



Use the Google Translate app for your language