


Important Reminders

- Annual Fit Testing is **REQUIRED** by State/Federal regulations and VMC Policy.
- You can check your most recent Fit Test date on your **Percipio** transcript.
- No Food or Drink (water is ok) within 15 minutes of participation.
- Medical Clearance is required.
- Must have acceptable facial hair style.

Sessions are **WALK-INS**. No appointment required. It only takes 15-20 minutes!

Contact
workplacesafety@valleymed.org
 with any questions.

SUN	MON	TUES	WED	THUR	FRI	SAT
30	01 NO SESSIONS	02 Location: 5-South Conf. Room Time: 7-9am	03 Location: 5-South Conf. Room Time: 7-9am 9-11pm	04  NO SESSIONS	05 NO SESSIONS	06 NO SESSIONS
07 NO SESSIONS	08 NO SESSIONS	09 Location: 5-South Conf. Room Time: 7-9am	10 Location: 5-South Conf. Room Time: 7-9am	11 Location: 5-South Conf. Room Time: 2-4pm	12 NO SESSIONS	13 NO SESSIONS
14 NO SESSIONS	15 NO SESSIONS	16 Location: 5-South Conf. Room Time: 7-9am	17 Location: 5-South Conf. Room Time: 7-9am	18 Location: 5-South Conf. Room Time: 2-4pm	19 NO SESSIONS	20 Location: MAC B Time: 7:30-9:30 AM
21 NO SESSIONS	22 NO SESSIONS	23 Location: 5-South Conf. Room Time: 7-9am	24 Location: 5-South Conf. Room Time: 7-9am	25 Location: 5-South Conf. Room Time: 2-4pm	26 NO SESSIONS	27 NO SESSIONS
28 NO SESSIONS	29 NO SESSIONS	30 Location: 5-South Conf. Room Time: 7-9am	31 Location: 5-South Conf. Room Time: 7-9am	01 Location: 5-South Conf. Room Time: 2-4pm	02 NO SESSIONS	03 NO SESSIONS
04	05	06	07	08	09	10