

Clinician Well-Being Committee

Statement of Purpose: Evidence Informed Advisory Committee to promote and support Clinician well-being

Committee Leaders

- **Manh Nguyen, MD**, Anesthesia, co-chair
- **Michele Despreaux, MD**, Internal Medicine/Primary Care, co-chair
- **Dani Blythe Dutro, MC, NCC, LMHC**
 - Director of Well-Being | Psychotherapist
- **Matt Mulder, MD**, Chief Physician Officer—Executive Sponsor
- **Patty Kyle**, Physician Concierge

Your Primary Care Well –Being Champions

- Jennifer Avila-Smith, DO, Covington South Clinic
- Valerie Mazziotti, PA-C, Lake Sawyer Clinic
- Tony Pedroza, MD, Valley Family Medicine
- Alex Kipp, MD, Valley Family Medicine

Projects/priorities for the upcoming year

- **EHR unburdening**: working with our informatics and IT group to continue the good work on “unburdening” our clinicians from extra/unnecessary work in the EHR and streamlining processes in order to help clinicians take back their time and reduce burnout
- **Communication**: developing /beefing up a website (sharepoint or other) to help disseminate wellness information as well as connect clinicians from all areas

Priorities, continued:

- **Critical Incident Debrief**—continuing on and adding to the work that is being done to debrief after critical incidents (death/difficult event/etc) including an emotional aspect for the team members