

## Helping Children Achieve Their Full Capabilities

Backed by the resources and expertise of Valley Medical Center and its clinicians, including physicians with Valley's Pediatric Neurology Clinic, Children's Therapy offers comprehensive evaluation and excellent, individualized care for children, from newborn through adolescence. Children's Therapy outpatient services include:

- Occupational Therapy
- Physical Therapy
- Speech-Language Therapy
- Feeding Evaluation and Treatment
- Integrated Learning System (iLS)
- Voice Lab
- Pediatric Modified Barium Swallow Studies
- Neonatal Intensive Care Follow-up Clinic
- Rehabilitation Programs for Sports-related Injuries



## Funding Your Child's Therapy

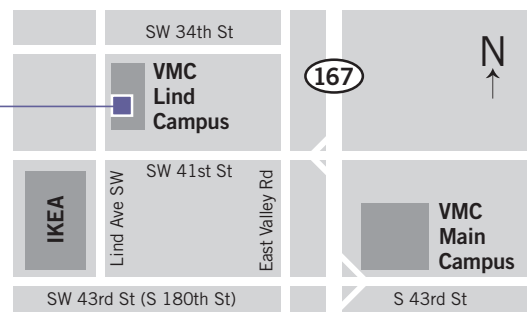
Depending on your situation, Children's Therapy accepts payment from private insurance, Medicaid (DSHS) and individuals for therapy services. If your funding source changes after your child is enrolled in therapy, please notify us.

### Children's Therapy

**3600 Lind Ave. SW, Suite 160**  
**Renton, WA 98057**  
**Monday through Friday,**  
**8 AM – 6 PM**

### Mailing address:

Children's Therapy  
M/S RCC 160  
PO Box 50010  
Renton, WA 98058



## Children's Therapy

### UW Medicine

VALLEY  
MEDICAL CENTER

Remarkable things happen here.™

425.690.3513

[valleymed.org/childrenstherapy](http://valleymed.org/childrenstherapy)

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# Children's Therapy



## UW Medicine

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MEDICAL CENTER

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## Enthusiasm, Imagination and Innovation—the Children’s Therapy Team

**FAMILY** Children’s Therapy’s approach is collaborative with a family-focus. Because you know your child best, our therapists work with you to meet your child’s emotional, social and physical goals and encourage your active involvement as you incorporate therapies into your child’s daily routine.

**OCCUPATIONAL THERAPISTS** Our expert occupational therapists evaluate and treat children with conditions related to general development, sensorimotor skills, play, feeding and daily living skills to enhance each child’s capabilities.

**PHYSICAL THERAPISTS** Experts in evaluating and treating pediatric developmental conditions, musculoskeletal disorders, sports injuries and movement disorders, our physical therapists work with each child to reach his or her highest level of participation and functional independence at home, school and in the community.

**SPEECH-LANGUAGE PATHOLOGISTS** Specialists in evaluating and treating pediatric communication and feeding problems, our expert speech-language pathologists address listening and speaking skills, articulation, social communication, voice, literacy and reading strategies, oral-motor skills, feeding development and augmentative communication methods.

## Initial Evaluation

Our therapists will assess your child’s development using a variety of methods including parent/child interviews, formal testing and observation of your child during play and functional activity. These assessments assist the therapists in determining whether therapy would be beneficial for your child. They will discuss age-appropriate and functional goals for your child to maximize his or her participation in daily life, as well as recommend how often your child should come to therapy.

## Our Approach to Children’s Therapy

Children’s Therapy primarily uses play-based activities to build functional skills, while appealing to your child’s interests. Therapy is designed to simulate the kinds of surroundings and situations children routinely experience. Your child is unique, so care is individualized: therapists use their expertise and creativity to connect with your child, employing a variety of approaches to help attain his or her full potential in communication, social interaction, mobility and daily living skills.

## About the Children’s Therapy Facility and Services

- State-recognized, hospital-based neurodevelopmental center staffed by pediatric specialists, as well as the state-designated, South King County Children with Special Health Care Needs (CHSCN) feeding team
- Evidence-based therapy, combined with enthusiasm, imagination and innovation
- 10,000 square foot, dedicated therapy space
- Indoor rainforest-theme playground includes therapeutic swing, slide, fort, suspension bridge, bikes and climbing wall
- A variety of themed play rooms
- Orthopedic spaces with fitness equipment, including exercise bike and LiteGait®
- Children’s computer lab
- Nintendo Fun Center™, Wii systems and iPads assist in developing children’s neuromotor skills
- Kid’s kitchen for feeding therapy and developing cooking skills
- Dedicated parent resource room, Children’s Therapy website and bi-monthly e-newsletter serve as active resources for families
- Free WiFi to accommodate working parents during daytime therapy appointments

