



VALLEY MEDICAL CENTER
400 South 43rd Street, Renton, WA 98055
(425) 228-3450

Revised 9/2020

Behavioral Health Disorders
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Behavioral Health Disorder Treatment and Resources

Individuals who are eligible and enrolled with a Washington State Managed Medicaid Plan (Apple Health: 5 Managed Medicaid Plans available) may receive BH treatment and services at a Washington State accredited agency or treatment facility.

Some treatment agencies are provided here.

An extensive list of agencies and providers can be found at:

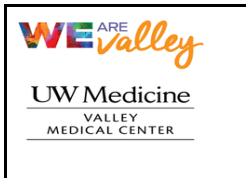
Behavioral Health and



Recovery Division

Department of Community
and Human Services

<https://www.kingcounty.gov/depts/community-human-services/mental-health-substance-abuse.aspx>



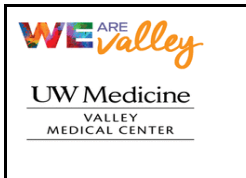
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Behavioral Health Disorders Outpatient

Commercial Insurance
Private Pay
Medicare

Name	Location	Website/Telephone
Mindful Therapy Group (accepts Medicare)	Fremont, Northgate, Mountlake, Southcenter, Elliott Bay	https://www.mindfultherapygroup.com/contact (206) 294-3292
The Washington Counselors of Color Network	Location Varies Commercial insurance Private Pay Sliding scale	Culturally and ethnically diverse therapists. Multiple languages available. https://www.multiculturalcounselors.org/ (425) 310-2356
Psychiatry Social Work, Therapy/Counseling through private/commercial insurance		Contact your Primary Care Provider for a Mental Health/Behavioral Health referral.
Therapy/Counseling through employer		Check with your employer to inquire about EAP (Employee Assistance Program).



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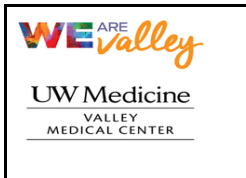
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Behavioral Health Disorders

Outpatient

Washington State Managed Medicaid Plans (or Apple Health)

Name	Location	Telephone	Hours	Services
Downtown Emergency Service Center	Seattle	206-464-6454	M-F 9:00am-5:00pm	MH outpatient SUD outpatient
Sound Health	Seattle, Tukwila	206-302-2300	8:00am – 5:00pm	MH outpatient SUD outpatient
Navos Outpatient Programs	West Seattle, Burien	206-248-8226	8:00am to 5:00pm Monday through Friday.	MH outpatient SUD outpatient
Valley Cities Behavioral Health	Seattle, Kent, Renton, Federal Way, Auburn, Enumclaw	253-833-7444	8:30am – 6:00pm	MH outpatient SUD outpatient
Asian Counseling and Referral Services	Seattle, Kent, Bellevue	206-695-7600	8:30am – 6:00pm	MH outpatient SUD outpatient
Harborview: Mental Health & Addictions Services	Seattle	206.744.9657	8:00am – 5:00pm	MH outpatient SUD outpatient
Sea Mar Behavioral Health	Seattle, Bellevue, Burien, Des Moines, Federal Way, Kent	206-764-8019	8:00am – 5:00pm	MH outpatient SUD outpatient
Seattle Indian Health Board	Seattle	206-324-9360	8:00am – 5:00pm	MH outpatient SUD outpatient
Cowlitz Tribal Treatment	Tukwila	206-721-5170	8:00am – 5:00pm	MH outpatient SUD outpatient
Consejo Counseling	Columbia City, South Park, Kent, Renton	206-461-4880	8:00am – 5:00pm	MH outpatient SUD outpatient

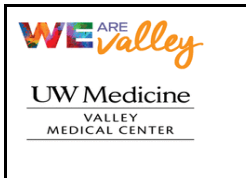


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Behavioral Health Disorders Inpatient Hospitalization (Voluntary)

Name	Location	Telephone
Cascade Behavioral Health Hospital	12844 Military Rd S, Tukwila, WA 98168	(206) 237-0087
Fairfax Hospital	10200 NE 132nd St, Kirkland, WA 98034	(425) 821-2000
Multicare Auburn	202 N Division St, Auburn, WA 98001	(253) 833-7711
UW Medical Center – Northwest Hospital	1550 N 115th St, Seattle, WA 98133	(877) 694-4677
Overlake Hospital	1035 116th Ave NE, Bellevue, WA 98004	(425) 688-5000
Smokey Point Behavioral Hospital	3955 156th St NE, Marysville, WA 98271	(844) 202-5555
Swedish Hospital Ballard* Limited voluntary intakes	5350 Tallman Ave NW, Seattle, WA 98107	(206) 782-2700
Inpatient Psychiatry at Harborview* Limited voluntary intakes	325 9th Ave, 5th floor, Seattle, WA 98104	(206) 744-3000



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Behavioral Health (BH) and Substance Use Disorder (SUD) **Adolescents**

Name	Location	Telephone	Insurance	Treatment services
Seattle Children's Hospital	Seattle, Bellevue	206-987-2164	Private insurance, Medicaid	MH treatment
Asian Counseling and Referral Service (ACRS)	Seattle	206-695-7600	Private insurance, Medicaid	MH/SUD outpatient treatment
Atlantic Street Center	Seattle	206-329-2050	Medicaid	MH/SUD outpatient treatment
Childhaven	Seattle, Auburn	253-833-5908	Private insurance, Medicaid	MH outpatient treatment
Consejo Counseling Youth Outpatient Services	Kent	206-461-4880	Medicaid	MH/SUD outpatient treatment
Eastside Center of Family	Bellevue	425-462-8558	Private insurance, Medicaid	MH/SUD outpatient treatment
Friends of Youth	Bellevue	425-392-6367	Medicaid	MH/SUD outpatient treatment
Kent Youth and Family Services	Kent	253-859-0300	Medicaid	MH/SUD outpatient treatment
Navos – Youth and Family Services	Seattle, Burien	206-248-8226	Medicaid	MH/SUD outpatient treatment
YMCA Nexus Youth and Families	Auburn	253-939-2202	Medicaid	MH/SUD outpatient treatment
Ryther	Seattle	206-525-5050	Medicaid	MH/SUD outpatient treatment
WAPI Community Services	Seattle, Federal Way	206-223-9578	Medicaid	MH/SUD outpatient treatment
YouthCare	Seattle	206-694-4500	Medicaid	MH/SUD outpatient treatment

Adolescent Hospitals- Psychiatry

Seattle Children's Hospital	4800 Sand Point Way NE, Seattle, WA 98105	206-987-2000
Fairfax	10200 NE 132nd St, Kirkland, WA 98034	425-821-2000
Smokey Point Behavioral Hospital	3955 156th St NE, Marysville, WA 98271	844-202-5555