

Headshot Photos

If you don't have a professional headshot, some clinic providers will have someone at their clinic, or a family member at home, take their photo. No selfies please.

Considerations:

- Most smart phones take great photos now and we recommend holding the phone vertically and using the "portrait" mode setting in the camera.
- We typically take our photos outside for optimal lighting with a nature background. Cloudy days are perfect, or on sunny days in the mornings or late afternoon/evening.
- You can look straight ahead with arms at your sides or stand slightly at an angle and turn your head to face the camera (see examples below).
- Have your photographer stand far enough away from you to have some space around you. This gives us enough flexibility with the photo to crop it for necessary formatting.
- [This article](#) has other helpful hints for taking headshot photos.
- Please email the full size and unedited photo(s) to provider_outreach@valleymed.org. We'll take care of editing and resizing. If you have questions, you're also welcome to write to us at the same address.

