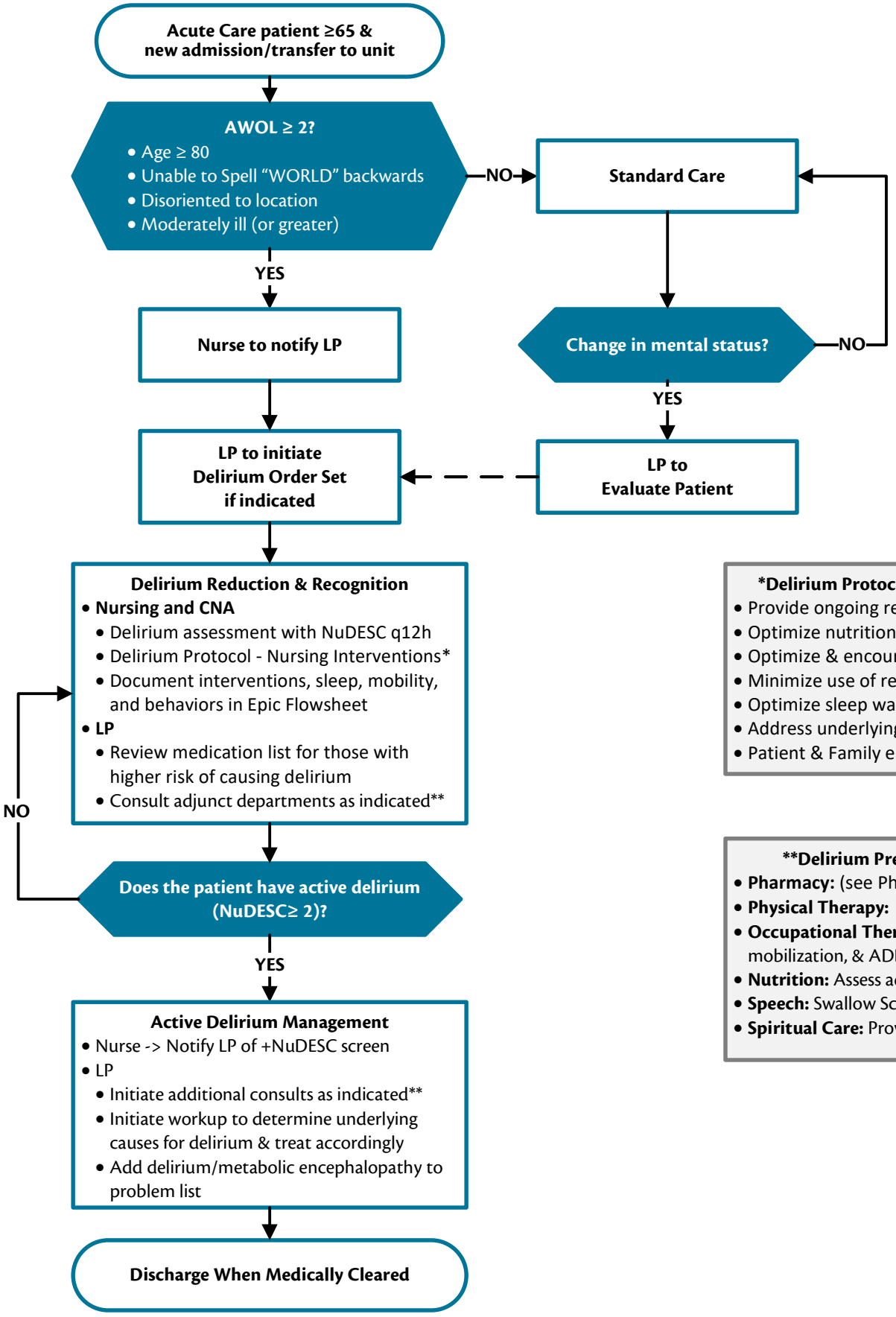
UW Medicine | VALLEY MEDICAL CENTER

Delirium Reduction & Recognition: Inpatient Management



***Delirium Protocol / Nursing Interventions**

- Provide ongoing reorientation
- Optimize nutritional & fluid status
- Optimize & encourage mobilization
- Minimize use of restraints, lines, & devices
- Optimize sleep wake cycle
- Address underlying sensory impairment(s)
- Patient & Family education on delirium

****Delirium Prevention Consultations**

- **Pharmacy:** (see Pharmacy Tip Sheet)
- **Physical Therapy:** Mobility Plan
- **Occupational Therapy:** Cognitive therapy, mobilization, & ADL participation
- **Nutrition:** Assess adequacy of oral intake
- **Speech:** Swallow Screen
- **Spiritual Care:** Provide social interaction