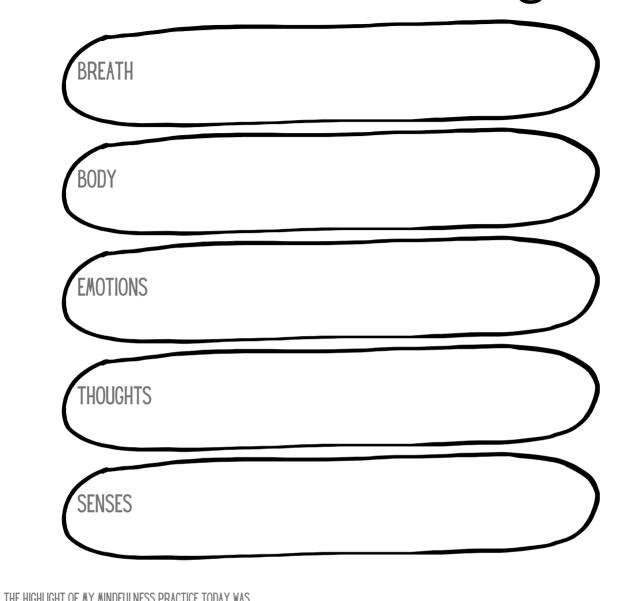
Mindfulness Log



| THE HIGHEIGHT OF PAT PAINDS GENESS FRACTICE TODAY WAS |
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| FOLLOWING BY HINDERING OR LOTTOR TORAY LIVING ORGATED THE DISTRICTION AS A RECUIT OF BY ALL BEING |
| FOLLOWING MY MINDFULNESS PRACTICE TODAY I HAVE CREATED THIS INTENTION AS A RESULT OF MY AWARENESS |
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