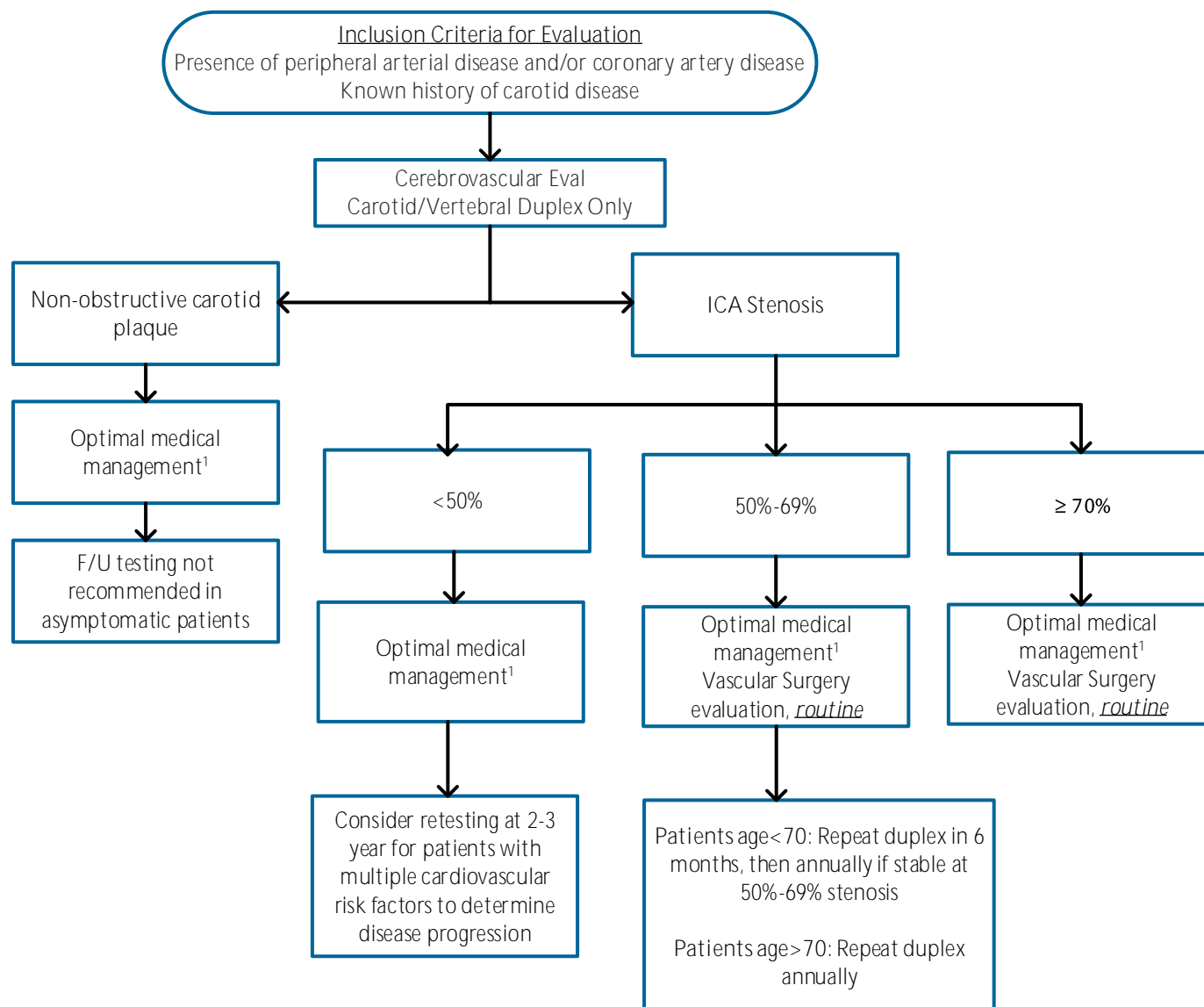


Ambulatory Care Pathway: Carotid Disease Evaluation and Management for Asymptomatic Patients



Medical Management

- Hypertension: Goal < 140/90
- Hyperlipidemia: Implement high intensity statin
- Diabetes Mellitus: Goal HbA1C < 7
- Antiplatelet/Anticoagulation: If none, start on Aspirin 81mg. If patient cannot tolerate Aspirin, then start Plavix. If the patient is already on anticoagulation, then antiplatelet is generally not indicated.
- Tobacco cessation
- Lifestyle Medicine: Nutrition, exercise counseling and weight management

Refer to Stroke Pathway for symptomatic patients presenting with stroke-like symptoms or for patients with a known history of stroke/TIA