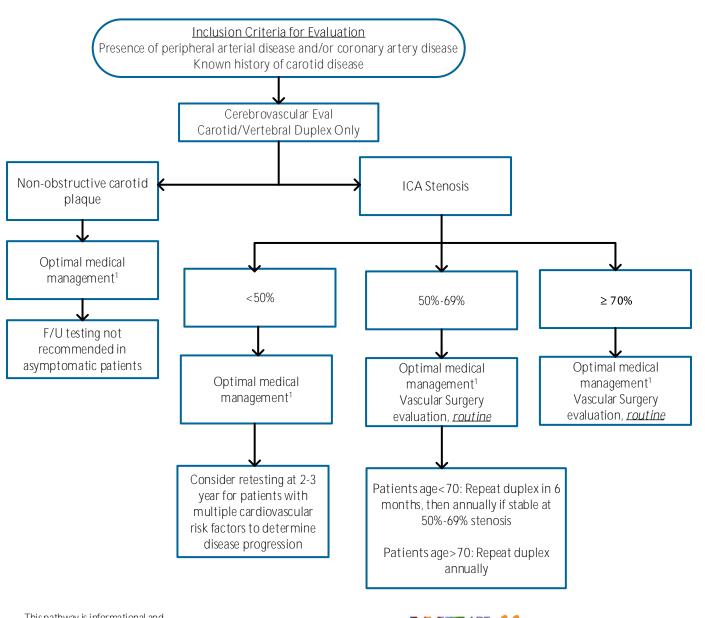
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Ambulatory Care Pathway: Carotid Disease Evaluation and Management for Asymptomatic Patients



Medical Management

- Hypertension: Goal<140/90
- <u>Hyperlipidemia</u>: Implement high intensity statin
- Diabetes Mellitus: Goal HbA1C<7
- Antiplatelet/Anticoagulation: If none, start on Aspirin 81mg. If patient cannot tolerate Aspirin, then start Plavix. If the patient is already on anticoagulation, then antiplatelet is generally not indicated.
- Tobacco cessation
- <u>Lifestyle Medicine</u>: Nutrition, exercise counseling and weight management

Refer to Stroke Pathway for symptomatic patients presenting with stroke-like symptoms or for patients with a known history of stroke/TIA

This pathway is informational and for general guidance only. It is not intended to be used as or replace actual clinical judgment.



Last Updated: November 2020 Next Expected Review: November 2023 For questions about this pathway, email: AmbulatoryCarePathways@valleymed.org