UW Medicine | VALLEY MEDICAL CENTER Ambulatory Care Pathway: Continuous Glucose Monitoring (CGM)

Indications for CGM

- Uncontrolled blood sugars
- Minimal blood glucose monitoring data available
- Pt is poor historian
- A1c does not correlate with BG readings
- Suspicion or evidence of wide blood glucose variance which A1c does not reflect
- Concern for hypoglycemia unawareness or extreme hyperglycemia
- Motivation and education to demonstrate relationship between daily behaviors/events and blood glucose response



