

UW Medicine | VALLEY MEDICAL CENTER

Ambulatory Care Pathway: Glycemic Goals for Type 2 Diabetes Mellitus

Age Group	A1c	Fasting	Post prandial	HS
Non-pregnant adult	<7%	80-130	<180	<180
Healthy older adults (>65 years old)	<7.0-7.5%	90-130	130-180	90-150
Complex/Intermediate older adults (>65 years old)	<8%	90-150	140-180	100-180
Very complex older adults (>65 years old)	<8.5%	100-180	140-180	110-200