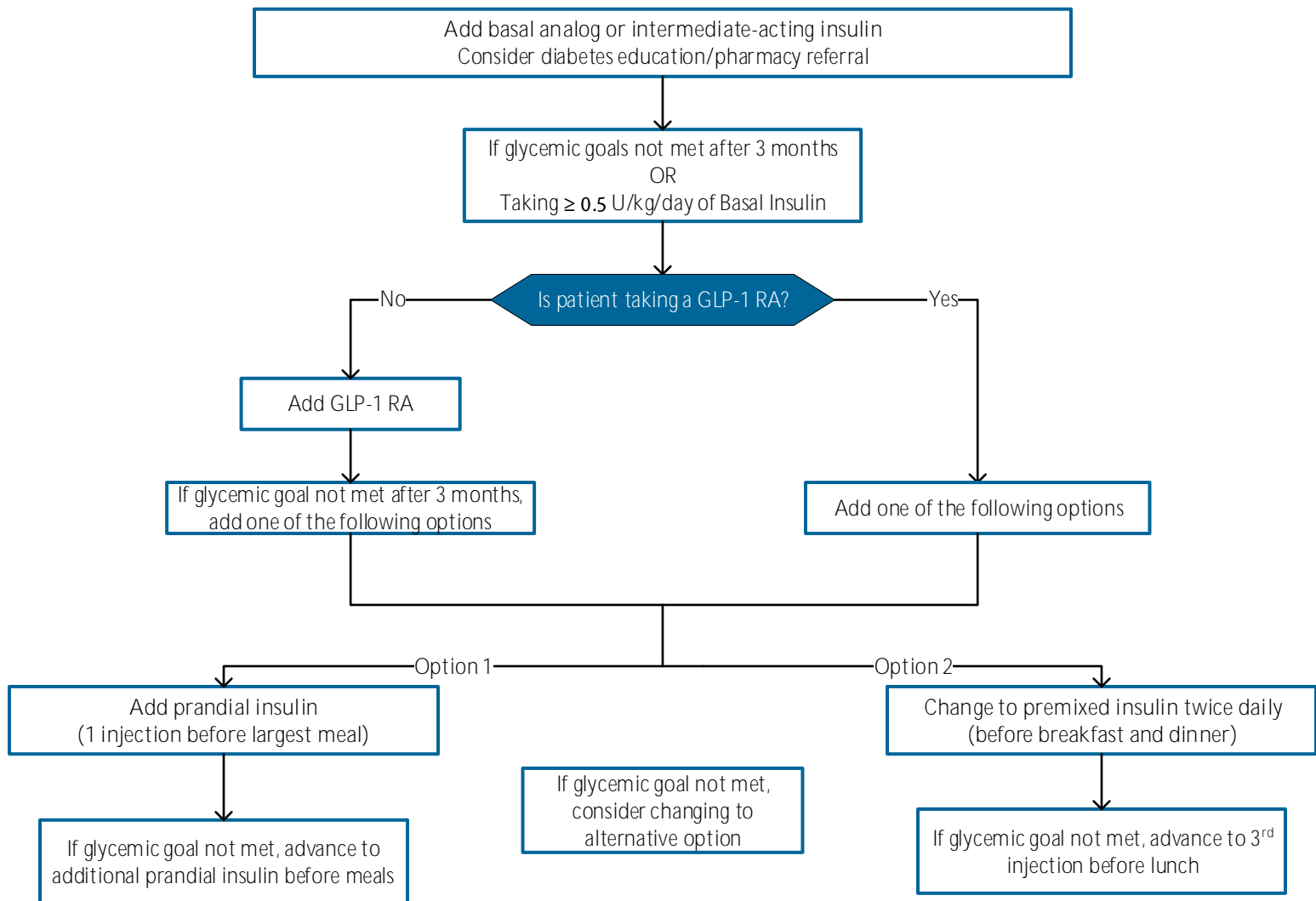


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Ambulatory Care Pathway: Insulin Management for Diabetes



Insulin	Starting Dose	Titration	For Hypo
Basal analog or intermediate-acting	10 U/day or 0.1-0.2 U/kg/day	10-15% or 2-4 units once or twice weekly to reach FBG target	If no clear reason for hypo, ↓dose by 4 units or 10-20%
Prandial	4 Units, 0.1U/kg, or 10% basal dose. If A1C<8%, consider ↓ basal by same amount	↑ dose by 1-2 units or 10-15% once or twice weekly until BG target reached	If no clear reason for hypo, ↓ corresponding dose by 2-4 units or 10-20%
Premixed twice daily	Divide current long-acting/NPH dose into 2/3 AM, 1/3 PM or ½ AM, ½ PM		
Premixed three times daily	Add additional injection before lunch		