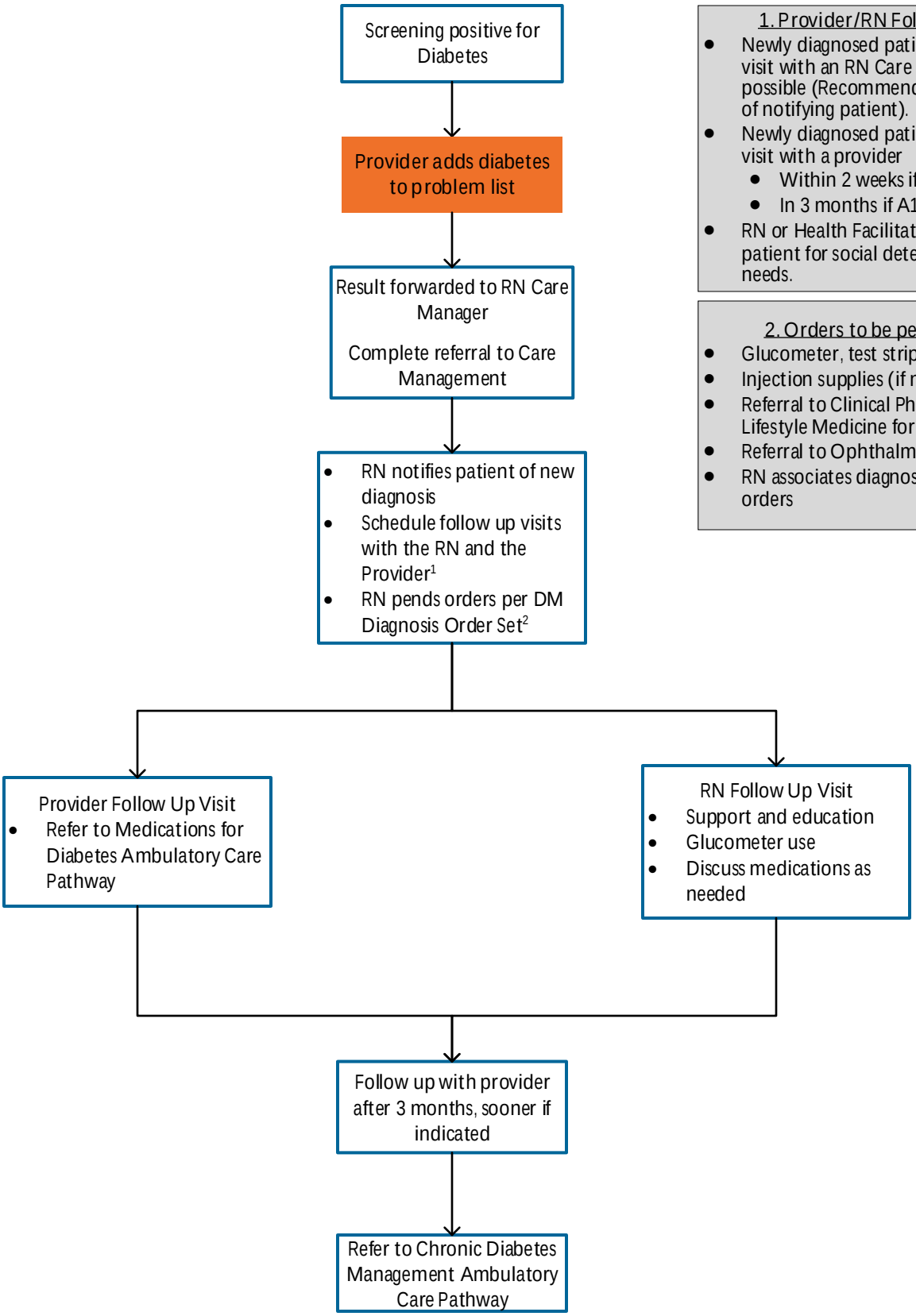
UW Medicine | VALLEY MEDICAL CENTER

Ambulatory Care Pathway: Newly Diagnosed Diabetes



1. Provider/RN Follow Up Visit

- Newly diagnosed patients should have a visit with an RN Care Manager as soon as possible (Recommended within 2 weeks of notifying patient).
- Newly diagnosed patients should have a visit with a provider
  - Within 2 weeks if A1c is ≥ 7
  - In 3 months if A1c is <7
- RN or Health Facilitator will screen patient for social determinant of health needs.

2. Orders to be pended by RN

- Glucometer, test strips, lancets
- Injection supplies (if needed)
- Referral to Clinical Pharmacist and/or Lifestyle Medicine for Diabetes Education
- Referral to Ophthalmology
- RN associates diagnosis with pended orders

This pathway is informational and for general guidance only. It Is not intended to be used as or replace actual clinical judgment.

Last Updated: Aug 2022
Next Expected Review: Aug 2025
For questions about this pathway, email: AmbulatoryCarePathways@valleymed.org