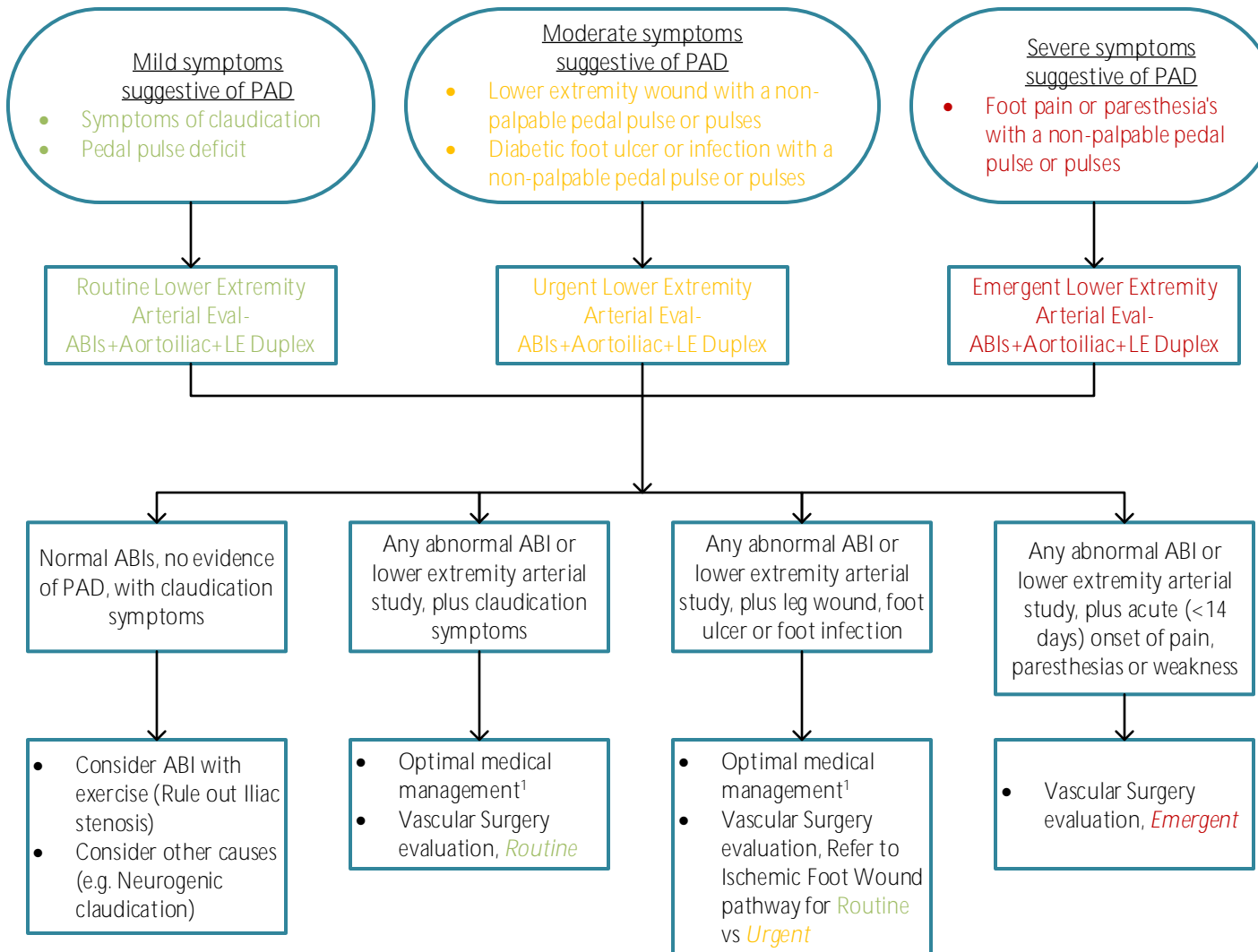


UW Medicine | VALLEY MEDICAL CENTER

Ambulatory Care Pathway: Peripheral Artery Disease Evaluation and Management



- ### Medical Management
- Hypertension: Goal <140/90
 - Hyperlipidemia: Implement high intensity statin
 - Diabetes Mellitus: Goal HbA1C <7
 - Antithrombotic/Anticoagulation: If none, start on Aspirin 81mg. If patient cannot tolerate Aspirin, then start Plavix. If patient is already on anticoagulation, consider adding antiplatelet therapy if no contraindication
 - Tobacco cessation
 - Lifestyle Medicine: Nutrition and exercise counseling and weight management

- ### Risk Factors
- Age ≥ 65 years
 - Age 50-64 years, with additional risk factors for atherosclerosis (e.g. diabetes, h/o smoking, hyperlipidemia) or a family h/o PAD
 - Age <50 years, with diabetes mellitus and 1 additional risk factor for atherosclerosis
 - Individuals with known atherosclerotic disease in another vascular bed (e.g., coronary, carotid, subclavian, renal, mesenteric, AAA)

- | Referral Standards | ABI Results |
|---------------------------|------------------------------|
| • Routine: 2-4 weeks | • Normal: 0.90- 1.24 |
| • Urgent: within one week | • Mild- mod: 0.70-0.90 |
| • Emergent: 1-2 days | • Moderate-severe: 0.45-0.69 |
| | • Severe: < 0.45 |

This pathway is informational and for general guidance only. It is not intended to be used as or replace actual clinical judgment.



Last Updated: February 2021
Next Expected Review: February 2024
For questions about this pathway, email: AmbulatoryCarePathways@valleymed.org