

Is My Cardiac Rehabilitation Covered by Insurance?

Cardiac Rehabilitation

A. Call your insurance company to verify your coverage for a monitored CR program.

What your insurance verifier may need to know about Cardiac Rehab:

1. The program is considered “Phase II outpatient cardiac rehab”.
2. It is medically supervised by nurses and monitored with EKG telemetry.
3. The program normally consists of 36 exercise sessions.



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Ask if insurance will cover both of the following CPT codes:

- **Phase II (continuous) EKG monitored Cardiac Rehab #93798**
- **Phase II (without continuous) EKG monitoring #93797**

Tell them:

Your diagnosis: for example, CABG (Coronary Artery Bypass Graft), MI (Heart Attack), Angina, Stent Placement, Angioplasty, or Valve Replacement Surgery.

B. Ask about your out of pocket expense.

- What is your co-pay?
- Does the insurance company have a maximum reimbursement amount?
If so, find the amount they reimburse each visit for Phase II CR with continuous monitoring. (CPT Code #93798)

C. All insurance companies have different rules and levels of reimbursement. Therefore, please note:

- Even though your doctor has given you a referral for Cardiac Rehab, some insurance companies may not cover Cardiac Rehab services.

D. Ask about your coverage for nutrition education with a registered dietitian.

If you have hypertension (high blood pressure), hypercholesterolemia (high cholesterol), or diabetes, you may have coverage for a one-on-one nutrition appointment. Ask about coverage for the following CPT code(s).

- Hypertension/Cholesterol #97802
- Diabetes #G0108

Appointments are available Monday-Thursday at Valley Diabetes & Nutrition Clinic.
For an appointment, please call 425.656.5377.