

HAVING A BABY? CHOOSE VALLEY.

You spend so much time setting up your nursery and preparing for your new baby, make sure to put the same care and effort into choosing your hospital. Babies don't schedule their delivery, don't assume your hospital offers these vitally important services right on-site that help ensure you and your baby's comfort and safety.

It's never too late to find a provider who delivers at Valley. Visit us at valleymed.org/choosevalley.

Choose a hospital that delivers peace of mind. **CHOOSE VALLEY.**



Designated 2017-2022

**Birth Center
Neonatal ICU
Pediatrics**

UW Medicine

VALLEY
MEDICAL CENTER

Hospital Shopping List

Make sure to take this list with you to your next doctor's appointment.

10 Reasons to Deliver at Valley:

- ✓ **ON-SITE** Nitrous Oxide non-narcotic pain relief & other pain management options
- ✓ **ON-SITE** 24/7 Anesthesiologists provide you with pain management and an epidural if requested
- ✓ **ON-SITE** Seattle Children's & UW Medicine neonatologists, available 24/7 to care for the most fragile newborns
- ✓ **ON-SITE** Level III Neonatal ICU, in case your little one needs extra-special support, greatly reducing the need for transfer to another facility
- ✓ **ON-SITE** 24/7 OB Hospitalists respond to and assist with obstetrical emergencies
- ✓ **ON-SITE** and community-based Board-Certified OB/GYNs, Family Medicine with Obstetrics providers, and Certified Nurse Midwives
- ✓ **ON-SITE** Maternal Fetal Medicine specialists
- ✓ **ON-SITE** Genetic Counselors
- ✓ **ON-SITE** Certified Lactation Consultants
- ✓ **VIRTUAL** Comprehensive Childbirth Education Program and New Parent Support Groups

✓ **CHOOSE VALLEY**

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