



UW Medicine

VALLEY
MEDICAL CENTER



Valley Medical Center (VMC) is a 341-bed acute care hospital and clinic network committed to providing safe, quality, compassionate care since 1947. The oldest and largest public district hospital in the State of Washington, VMC proudly serves more than 600,000 residents in South King County.



Dedicated to patient safety and improving the overall health of the community, VMC is a thriving medical center and the largest nonprofit healthcare provider between Seattle and Tacoma. Valley Medical Center is a component entity of UW Medicine, which includes Harborview Medical Center, Northwest Hospital & Medical Center, UW Medical Center, UW Neighborhood Clinics, UW Physicians, UW School of Medicine and Airlift Northwest.

The Valley Medical Center Clinic Network is comprised of primary care clinics that serve as a medical home for care management, urgent care clinics which provide a safety net of after-hours care and walk-in consult and treatment, and more than 50 specialty clinics that provide convenient access throughout the district.

Primary Care: Partners for Health & Wellness

Valley Medical Center's primary care providers serve as personal health advocates for our patients. Primary providers work with patients to monitor and improve health through all of life's stages, and coordinate care with specialty physicians as needed. We are proud to offer a dozen primary care clinics, including:

- Cascade Clinic
- Covington Clinic South
- Fairwood Clinic
- Highlands Clinic
- Internal Medicine Clinic
- Kent Clinic
- Kent Station Clinic
- Lake Sawyer Clinic
- Lake Wilderness Clinic
- Newcastle Clinic
- Senior Care Clinic
- Valley Family Medicine Clinic

+ Urgent Care: Walk-in Medical Services

VMC's Urgent Care eliminates the wait and expense of the ER for ailments that aren't life-threatening. Patients enjoy the convenience of walk-in appointments and after-hours care for acute illness, minor injuries and other services in one of our three locations:

- + Covington Clinic South
- + Maple Valley Clinic
- + Renton Landing Clinic

Specialty Care: Extensive Network of Specialists

VMC offers a comprehensive network of board-certified specialists to meet the healthcare needs of your entire family. From digital mammograms to sleep studies, and ophthalmology to neurology, we've got you covered. Specialty services include:

Anticoagulation Clinic	Hematology	Outpatient Therapy Services
Birth, OB/GYN, Midwives, Maternal Fetal Medicine, Genetic Testing & Neonatal Intensive Care Unit	Imaging Services	Palliative & Supportive Care
Breast Cancer Multidisciplinary Clinic	Infectious Disease	Pediatric Services
Breast Center & Bone Mineral Density Testing	Infusion & Immunotherapy	Podiatry
Cardiology	Internal Medicine	Psychiatry & Counseling
Clinical Research	Lifestyle Medicine & Fitness Center	Pulmonary (Adult & Pediatric)
Dermatology	Nephrology	Rheumatology
Diabetes Education & Nutrition Counseling	Neurology,	Senior (Geriatric) Care
Ear, Nose & Throat (ENT-Otolaryngology)	Pediatric Neurology,	Sleep Medicine (Adult & Pediatric)
Emergency Services & Level III Trauma Center	Neuro Oncology,	Sports Medicine
Endocrinology	Neuropsychology,	Surgery (General & Specialty)
Family Medicine	Neurosurgery,	Urogynecology
Gastroenterology & Endoscopy	Epilepsy, Headache, Spine & Stroke	Urology
	Occupational Health Services	Vascular Surgery & Services
	Oncology Services: Screening, Genetic Testing, Treatment & Support	Women's Health
	Ophthalmology	Wound Care
	Orthopedic Services	

Healing Environment

We offer a calm, comfortable environment for patients and visitors as well as employees and physicians. Amenities include:

- Spacious, private patient rooms
- Free wifi at the bedside
- On-demand room service
- Instant, wireless voice communication seamlessly links patients and staff
- Calming water features and healing gardens throughout property
- Abundant use of natural light and windows allows visitors to enjoy the sunlight and other natural elements surrounding the facility

Discover more at valleymed.org



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AWARD-WINNING CARE

From a great work environment to exceptional patient care, we're pleased to say Valley Medical Center earns high marks across the board.

- Rated top 10% nationally by *U.S. News & World Report* in treatment for: heart attack, heart failure, hip replacement, kidney failure, knee replacement & stroke
- National Committee for Quality Assurance (NCQA) highest recognition, Primary Care Medical Home Level 3 Status, for all Clinic Network primary care clinics
- American Heart & Stroke Association's Get With The Guidelines Stroke Gold Plus Quality Achievement Award, Target: Stroke Honor Roll Elite & Target: Type 2 Diabetes Honor Roll
- Award of Excellence for Percutaneous Cardiac Intervention (PCI) from the Foundation for Healthcare Quality
- Neuroscience Institute Highest National Level 4 Epilepsy Center Accreditation by National Association of Epilepsy Centers
- Cancer Services Among Top 10 Percent in Nation, Commission on Cancer Three-Year Accreditation with Commendation
- Mission: Lifeline® Silver STEMI Quality Achievement Award from the American Heart Association
- LGBTQ Leader in Healthcare Equality Index since 2011
- *Hospitals & Health Networks* "Healthcare's Most Wired" award
- Recognized by HealthGrades®, Becker's Hospital Review and Medicare for excellence in orthopedic care and joint replacement
- Blue Distinction Specialty Care recognition for exceptional patient experience and performance in spine surgery
- Earned distinguished Acclaim Award from the American Medical Group Association for measurably improving the quality and value of care