



# VALLEY MEDICAL CENTER



Valley Medical Center is a 341-bed acute care hospital and clinic network committed to providing safe, quality, compassionate care since 1947. The oldest and largest public district hospital in the State of Washington, Valley proudly serves more than 600,000 residents in South King County. Dedicated to patient safety and improving the overall health of the community, Valley is a thriving medical center and the largest nonprofit healthcare provider between Seattle and Tacoma.

The Valley Medical Center Clinic Network is comprised of primary care clinics that serve as a medical home for care management, urgent care clinics which provide a safety net of after-hours care and walk-in consult and treatment, and more than 50 specialty clinics that provide convenient access throughout the district.

## Primary Care: Partners for Health & Wellness

Valley Medical Center's primary care providers serve as personal health advocates for our patients. Primary providers work with patients to monitor and improve health through all of life's stages, and coordinate care with specialty physicians as needed. We are proud to offer a dozen primary care clinics, including:

- Cascade Clinic
- Covington Clinic South
- Fairwood Clinic
- Highlands Clinic
- Internal Medicine Clinic
- Kent Clinic
- Kent Station Clinic
- Lake Sawyer Clinic
- Lake Wilderness Clinic
- Newcastle Clinic
- Senior Care Clinic
- Valley Family Medicine Clinic

## + Urgent Care: Walk-in Medical Services

Valley's Urgent Care eliminates the wait and expense of the ER for ailments that aren't life-threatening. Patients enjoy the convenience of walk-in appointments and after-hours care for acute illness, minor injuries, and other services in one of our three locations:

- + Covington Clinic South
- + Maple Valley Clinic

## Specialty Care: Extensive Network of Specialists

Valley offers a comprehensive network of board-certified specialists to meet your family's healthcare needs. From digital mammograms to sleep studies, and cardiology to neurology, we've got you covered. Specialty services include:

Birth, OB/GYN, Midwives, Maternal Fetal Medicine, Genetic Testing & Neonatal Intensive Care Unit	Imaging Services	Outpatient Therapy Services
Breast Cancer Multidisciplinary Clinic	Infectious Disease	Palliative & Supportive Care
Breast Center & Bone Mineral Density Testing	Infusion & Immunotherapy	Pediatric Services
Cardiology	Internal Medicine	Podiatry
Clinical Research	Lifestyle Medicine & Fitness Center	Psychiatry & Counseling
Dermatology	Medication Management	Pulmonary (Adult & Pediatric)
Diabetes Education & Nutrition Counseling	Nephrology	Rheumatology
Ear, Nose & Throat (ENT-Otolaryngology)	Neurology, Pediatric Neurology, Neuro Oncology, Neuropsychology, Neurosurgery, Epilepsy, Headache, Spine & Stroke	Senior (Geriatric) Care
Emergency Services & Level III Trauma Center	Occupational Health Services	Sleep Medicine (Adult & Pediatric)
Endocrinology	Oncology Services: Screening, Genetic Testing, Treatment & Support	Sports Medicine
Family Medicine	Orthopedic Services	Surgery (General & Specialty)
Gastroenterology & Endoscopy		Urogynecology
Hematology		Urology
		Vascular Surgery & Services
		Women's Health
		Wound Care

## Healing Environment

We offer a calm, comfortable environment for patients and visitors as well as employees and physicians. Amenities include:

- Spacious, private patient rooms
- Free wifi
- On-demand room service
- Instant, wireless voice communication seamlessly links patients and staff
- Calming water features and healing gardens throughout property
- Abundant use of natural light and windows allows visitors to enjoy the sunlight and other natural elements

Discover more at [valleymed.org](http://valleymed.org)



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## AWARD-WINNING CARE

From a great work environment to exceptional patient care, we're pleased to say Valley Medical Center earns high marks across the board.

- National Committee for Quality Assurance (NCQA) highest recognition, Primary Care Medical Home Level 3 Status, for all Clinic Network primary care clinics
- American Heart & Stroke Association's Get With The Guidelines Stroke Gold Plus Quality Achievement Award, Target: Stroke Honor Roll Elite & Target: Type 2 Diabetes Honor Roll
- Award of Excellence for Percutaneous Cardiac Intervention (PCI) from the Foundation for Healthcare Quality
- Neuroscience Institute Highest National Level 4 Epilepsy Center Accreditation by National Association of Epilepsy Centers
- Cancer Services Among Top 10 Percent in Nation, Commission on Cancer Three-Year Accreditation
- Mission: Lifeline® Silver STEMI Quality Achievement Award from the American Heart Association
- LGBTQ+ Leader in Healthcare Equality Index since 2011
- *Hospitals & Health Networks* "Healthcare's Most Wired"
- Recognized by HealthGrades®, Becker's Hospital Review and Medicare for excellence in orthopedic care and joint replacement
- Blue Distinction Specialty Care recognition for exceptional patient experience and performance in spine surgery
- Nationally recognized as a Center of Excellence in Breast Screening, Robotic Surgery, Nutrition & Dietetics