



Resources for LGBTQI+ Populations in South King County:

Domestic Violence

- The Northwest Network of Bisexual, Trans, Lesbian, and Gay Survivors of Abuse – 877.737.0242
- Pierce County: Rainbow Center - 253.383.2318
- King & Pierce: API Chaya (communities of color) – 206.325.0325
- South King County: King County Sexual Assault Resource Center - 888.998.6423, in Spanish, 425.282.0324
- King County: Gender Justice League (gender-based violence) – 206.659.1506

Human Trafficking

- King County: Youth Ages 12 – 17, SafePlace - Text SAFE and their current location to 69866
- King County: Any Age, Real Escape from Sex Trafficking AKA REST - 206.451.7378
- Pierce County: Sexual Trafficking and Exploitation Program – 253.444.5351, casemanager@hopesacpc.org

Antibullying

- Washington State Governor's Office of the Ombuds: 866.297.2597

Insurance Specific Resources for PreP & Trans Coverage

Trans Care

- National Center for Transgender Equality <https://transequality.org/health-coverage-guide>

HIV Pre-exposure Prophylaxis:

- Ready, Set, PreP: <https://readyssetprep.hiv.gov/>
- Gilead Advancing Access: <https://www.gileadadvancingaccess.com/>
- Washington State Pre-exposure Prophylaxis Drug Assistance Program (PrePDAP):

LGBTQI+ Mental Health Service Databases

- Inclusive Therapists: <https://therapyfundfoundation.org/contractedproviders>
- Therapy Den: <https://www.therapyden.com/specialties/lgbtq-issues>
- Clinicians of Color: <https://www.cliniciansofcolor.org/>
- Boris L Henson Foundation: <https://borislhensonfoundation.org/mwsp-free-virtual-therapy-support>
- Therapy Fund Foundation: Washington State Chapter - <https://therapyfundfoundation.org/contractedproviders>

Homelessness

- Young Adults: ISIS @ YouthCare – 800.495.7802
- Seattle Queer Housing: Private Facebook Group (will need to ask permission to join)
- Discrimination: King County Office of Civil Rights (enforces Fair Housing Act of 1968 – 206.263.2446)
- Renter's Rights: www.allyship.org

Gender Affirming Surgery (Bottom)

- Dr. Shane Morrison MD – UW Plastic Surgery
- Dr. Alex Skokan MD – UW Urology (Assigned Male @ Birth)

Gender Affirming Surgery (Top)

- Allure Aesthetic Seattle. FAX: 206.2009.0992
- Dr. Suzette Miranda MD (Swedish). FAX 206.215.6340
- List of Surgeons: www.topsurgery.net

Pediatric Gender Affirming Care

- Seattle Children's Hospital Gender Clinic. FAX: 206-985-3499
- Mary Bridge Children's Gender Clinic. 253.864.2801
- Transfamilies: <https://transfamilies.org/>

Substance Use

- Peer Seattle: <https://www.peerseattle.org/> (online groups)

For Anonymous 12-Step Programs, there are LGBTQI+ specific meetings:

- Alcoholics Anonymous: <https://www.seattleaa.org/>
- Narcotics Anonymous: <https://www.seattlena.org/>
- Al Anon: www.seattle-al-anon.org

Social Support

Youth

- Lambert House: <https://www.lamberthouse.org/kc-groups> (social / support groups)
- Gay City: <https://www.gaycity.org/youth/> (LGBTQ youth leadership programs)
- Kent Youth & Family Services: <https://kyfs.org/lgbtq/>
- Oasis Youth Center (Tacoma): <https://devoasis.dreamhosters.com/>

Transgender Community

- Ingersoll Gender Center: <https://ingersollgendercenter.org/what-we-do/support-group/>

LGBTQI+ Black Community

- Pacific Northwest Black Pride: <https://www.nwblackpride.org/gathering>

South Asian

- Trikone Northwest: <http://www.trikonenw.org/>

LGBTQI+ Parents

- Eastside Families with Pride: <https://www.meetup.com/Eastside-Pride-Families/>

South King County LGBTQI+

- South King Queer Social Group: <https://www.meetup.com/south-king-queer-social-group/>
- Renton LGBTQI+ Facebook Group: [Renton LGBTQIA+ Community](#)

Children of LGBTQI+ Parents

- COLAGE: <https://www.colage.org/>

LGBTQI+ Pacific Islander Community

- UTOPIA: <https://utopiawa.org/>

Family Support

- Parents, Families, and Friends of Lesbians and Gays, Seattle Chapter: <https://www.pflagseattle.org/support/online-support/>
- Parents, Families, and Friends of Lesbians and Gays, Tacoma Chapter: <https://pflag.org/chapter/pflag-tacoma>
- Parents, Families and Friends of Lesbians and Gays, East County: [Eastside PFLAG](#)
- Maple Valley LGBTQI+ Facebook Group: [Maple Valley, WA LGBT + Allies Community Circle](#)
- Ingersoll Gender Center - 1st, 3rd, and 5th Wednesdays: SOFFA (Significant Others, Friends, Family and Allies – Transgender Community) Breakout Group: <https://ingersollgendercenter.org/what-we-do/support-group/>

Updated 4/1/2022

Note: This resource list is for informational purposes only and is not an endorsement by Valley Medical Center. Some of the services and programs may differ than what is listed; please refer to their website or contact information for current offerings.

For Updates: ValleyEDI@valleymed.org