

Know Where to Go

When the unexpected happens, choose the care you need

ILLNESS / CONDITION	Quick Care <i>(not equipped for life threatening emergency)</i>	Urgent Care <i>(not equipped for life threatening emergency)</i>	Emergency Department	Call 911
Allergies	■	■		CALL 911 IF LIFE-THREATENING EMERGENCY IS SUSPECTED
Asthma attack	mild or moderate	mild or moderate	severe	
Broken bones		minor, no skin penetration	bone is visible	
Burns or electric shock	minor burns	minor burns	severe burns or electric shock	
Earaches and eye or skin infections	■	■		
Flu shots (adult)	■	■		
Insect bites or rashes	■	■		
Migraines	■	■		
Upper respiratory infections	coughs, congestion, fever or flu symptoms, sinus problems, sore throat, bronchitis	coughs, congestion, fever or flu symptoms, sinus problems, sore throat, bronchitis	coughing or vomiting blood	
Cuts/wounds/stitches	minor cuts or wounds	minor cuts or wounds	uncontrollable bleeding or amputation	
Head injuries	minor	minor	serious or trauma	
Nausea, vomiting and diarrhea	mild or moderate	mild or moderate	severe	
Opioid medication-assisted treatment			■	
Poison ingestion			■	
Pregnancy tests	■	■		
Shock			■	
Sprains, strains or deep bruises	■	■		
Bladder infections	■	■		
Vaginal bleeding during pregnancy			■	
Difficulty breathing			moderate	
Drug overdose Rapid heartbeat, dilated pupils, aggression, confusion, dizziness, vomiting, gurgling sound from airway obstruction, unconsciousness, blue fingers or lips, stopped breathing				Call 911
Heart attack Chest pain with pressure sensation or pain radiating into jaw, teeth, shoulder or back; or palpitations with dizziness; or shortness of breath, sweating and/or nausea or vomiting				Call 911
Seizure				Call 911
Severe abdominal pain				Call 911
Stroke Sudden dizziness, numbness or paralysis, difficulty seeing or speaking, or loss of consciousness				Call 911

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