

# Know Where to Go

When the unexpected happens, choose the care you need

| ILLNESS / CONDITION  | Urgent Care<br><i>(not equipped for life threatening emergency)</i>                | Emergency Department                  | Call 911  |
|--|--|---------------------------------------|---|
| Allergies  | ■  |                                       | CALL 911 IF LIFE-THREATENING EMERGENCY IS SUSPECTED |
| Asthma attack  | mild or moderate   | severe                                |   |
| Broken bones   | minor, no skin penetration   | bone is visible                       |   |
| Burns or electric shock  | minor burns  | severe burns or electric shock        |   |
| Earaches and eye or skin infections  | ■  |                                       |   |
| Flu shots (adult)  | ■  |                                       |   |
| Insect bites or rashes   | ■  |                                       |   |
| Migraines  | ■  |                                       |   |
| Upper respiratory infections   | coughs, congestion, fever or flu symptoms, sinus problems, sore throat, bronchitis | coughing or vomiting blood            |   |
| Cuts/wounds/stitches   | minor cuts or wounds   | uncontrollable bleeding or amputation |   |
| Head injuries  | minor  | serious or trauma                     |   |
| Nausea, vomiting and diarrhea  | mild or moderate   | severe                                |   |
| Opioid medication-assisted treatment   |  | ■                                     |   |
| Poison ingestion   |  | ■                                     |   |
| Pregnancy tests  | ■  |                                       |   |
| Shock  |  | ■                                     |   |
| Sprains, strains or deep bruises   | ■  |                                       |   |
| Bladder infections   | ■  |                                       |   |
| Vaginal bleeding during pregnancy  |  | ■                                     |   |
| <b>Difficulty breathing</b>  |  | moderate                              |   |
| <b>Drug overdose</b> Rapid heartbeat, dilated pupils, aggression, confusion, dizziness, vomiting, gurgling sound from airway obstruction, unconsciousness, blue fingers or lips, stopped breathing     |  |                                       | Call 911  |
| <b>Heart attack</b> Chest pain with pressure sensation or pain radiating into jaw, teeth, shoulder or back; or palpitations with dizziness; or shortness of breath, sweating and/or nausea or vomiting |  |                                       | Call 911  |
| <b>Seizure</b>   |  |                                       | Call 911  |
| <b>Severe abdominal pain</b>   |  |                                       | Call 911  |
| <b>Stroke</b> Sudden dizziness, numbness or paralysis, difficulty seeing or speaking, or loss of consciousness   |  |                                       | Call 911  |



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