

# Children's Therapy

## Helping Children Achieve Their Full Capabilities

Backed by the resources and expertise of Valley Medical Center and its clinicians, Children's Therapy offers comprehensive evaluation and excellent, individualized care for children, from newborn through adolescence. Children's Therapy outpatient services include:

- Occupational Therapy
- Physical Therapy
- Speech-Language Therapy
- Feeding Evaluation and Treatment
- Voice Lab
- Pediatric Modified Barium Swallow Studies
- Neonatal Intensive Care Follow-up Clinic

Children's Therapy provides therapy to all pediatric patients receiving acute care services, including the following hospital specialty units:

- Neonatal Intensive Care Unit
- Infant Acute Care



425.690.3513 [valleymed.org/childrenstherapy](http://valleymed.org/childrenstherapy)

## Enthusiasm, Imagination and Innovation—the Children's Therapy Team

**FAMILY** Children's Therapy's approach is collaborative with a family-focus. Because parents and caregivers know their children best, we work with families to meet each child's emotional, social and physical goals and encourage the family's active involvement as they incorporate therapies into their daily routine. All of our therapists work with each child to reach his or her highest level of participation and functional independence at home, school and in the community.



**OCCUPATIONAL THERAPISTS** Our expert occupational therapists evaluate and treat children with conditions related to general development, sensorimotor skills, play, feeding and daily living skills.

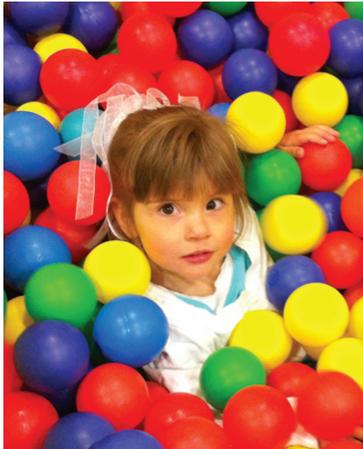
**PHYSICAL THERAPISTS** Experts in evaluating and treating pediatric developmental conditions, musculoskeletal disorders and movement disorders, our physical therapists work to improve, restore, and maximize motion and mobility in children's lives.

**SPEECH-LANGUAGE PATHOLOGISTS** Specialists in evaluating and treating pediatric communication and feeding problems, our expert speech-language pathologists address listening and speaking skills, articulation, social communication, voice, literacy and reading strategies, oral-motor skills, feeding development and augmentative communication methods.

## An Environment to Help You Enhance Your Skills and Grow Professionally

- Formal mentor program pairs each new therapist with at least one experienced therapist
- Professional development track recognizes enhancement in skills with growth in salary
- Generous continuing education allowance

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## Our Approach to Children's Therapy

Children's Therapy primarily uses play-based activities to build functional skills, while appealing to each child's interests. Therapy is designed to simulate the kinds of surroundings and

situations children routinely experience. Every child is unique, so care is individualized: therapists use their expertise and creativity to connect with each child, using a variety of approaches to help attain his or her full potential in communication, social interaction, mobility and daily living skills.

## About the Children's Therapy Facility and Services

- State-recognized, hospital-based neurodevelopmental center staffed by pediatric specialists, as well as the state-designated, South King County Children with Special Health Care Needs (CHSCN) feeding team
- Evidence-based therapy, combined with enthusiasm, imagination and innovation
- 10,000 square foot, dedicated therapy space
- Indoor rainforest-theme playground includes therapeutic swing, slide, fort, suspension bridge, bikes and climbing wall
- A variety of themed play rooms
- Orthopedic room with fitness equipment, including exercise bike and LiteGait®
- Children's computer lab
- Nintendo Fun Center™ and Wii systems assist in developing children's neuromotor skills
- Kid's kitchen for feeding therapy and developing cooking skills

- Dedicated parent resource room with computer
- Free WiFi to accommodate working parents during daytime therapy appointments

## A Public, Non-Profit Organization Dedicated to Improving Community Health

Children's Therapy is part of Public Hospital District No. 1 of King County, also known as Valley Medical Center. Payments for therapy services are received from private insurance, Medicaid (DSHS) and individuals. Valley Medical Center is a public, non-profit organization, offering discounts for prompt payment and limited scholarships.

**Children's Therapy**  
**3600 Lind Ave. SW, Suite 160**  
**Renton, WA 98057**  
**Monday through Friday,**  
**8 AM – 6 PM**

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IKEA  
VMC Lind Campus  
VMC Main Campus

## Children's Therapy

## VALLEY MEDICAL CENTER

Remarkable things happen here.™

425.690.3513 [valleymed.org/childrenstherapy](http://valleymed.org/childrenstherapy)