

AGENCIES PROVIDING CHILD MENTAL HEALTH SERVICES

Valley Cities* <http://www.valleycities.org/>

Sound* <https://www.sound.health/>

Seamar* <http://www.seamar.org/>

Consejo* <http://consejonew.consejocounseling.org/>

Renton Area Youth & Family Services* (counseling, CD) 425-271-5600 <https://rays.org/>

River Valley Psychological Services <http://rivervalleypsych.com/> (425) 228-5336

Kent Youth and Family Services* (counseling, CD) 253-859-0300 <http://kyfs.org/>

Nexus Youth and Family (Auburn/Enumclaw/Maple Valley; counseling, CD) 253-939-2202
<https://www.nexus4kids.org/>

Youth Eastside Services* 425-747-4937 <http://www.youtheastideservices.org/>

Seattle Children's 206-987-2164 <http://www.seattlechildrens.org/clinics-programs/psychiatry-and-behavioral-medicine/>

Rhyther – Seattle 206.525.5050 <http://www.ryther.org/>

Asian Counseling and Referral Services (206) 695-7600 <https://acrs.org/>

Catholic Community Services <http://www.ccsww.org/site/PageServer>

Good Samaritan Behavioral Health

325 E Pioneer Puyallup, WA 98372

(253) 697-8400 (Office) <https://www.multicare.org/behavioral-health/>

Comprehensive Life Resources

Tacoma, Gig Harbor, Spanaway (253) 396-5800

<https://www.comprehensiveliferesources.org/>

*Provide some services onsite at schools

Crisis Resources

Teen Link and Chat 1-866-teenlink (833-6546)

<https://866teenlink.org/>

Crisis Line/Crisis Connections 866-427-4747

<https://www.crisisconnections.org/>

At Risk Youth Petitions:

<https://www.kingcounty.gov/~media/courts/superior-court/docs/becca/ary-chins/ary-filing-instructions-english-pdf.ashx?la=en>

Alcohol Drug Helpline <http://www.adhl.org>

Schools with onsite counseling/CD services (primarily for families with Medicaid/Apple Health)

RAYS - Renton SD

Elementary – Honey Dew, Highland, Cascade View (Tukwila), Thorndyke (Tukwila), Tukwila

Middle – Nelson, McKnight, Risdon, Dimmit, Showalter (Tukwila)

High – Renton High (also has a Healthy Start clinic), Hazen, Lindbergh, Al Talley (alternative school), Foster (Tukwila)

KYFS - Kent SD

Elementary – Daniel, Cedar Valley, Millennium, Pine Tree, Jenkins Creek, Port Orchard

Middle - Cedar Heights, Meeker, Mattson

High – Kent Meridian, Kent Lake, Kent Phoenix Academy (alternative school – crisis counselors only)

Valley Cities serves Kent and Federal Way Schools

Y.E.S. serves Bellevue and Lake Washington Schools. They offer a social service program called Family Net, to elementary youth and their families. They provide comprehensive social service case management, referrals, and support families connecting with more intensive medical and behavioral services.

Inpatient & Partial Hospitalization Resources

Fairfax – inpatient and partial hospitalization, adolescents <https://www.fairfaxhospital.com/programs/>

Seattle Children’s – inpatient, children and adolescents <https://www.seattlechildrens.org/>

Thira Health – partial hospitalization and intensive outpatient, teenage girls (uses DBT)
<https://thirahealth.com/>

Eating Recovery Center of Bellevue <https://www.eatingrecoverycenter.com/recovery-centers/bellevue>
Insight Behavioral Health <https://www.insightbhc.com/treatment-centers/seattle-wa/overview>

Other

Changes Parent Support Group 1.888.468.2620, www.cpsn.org offers weekly meetings for challenging teen behavior

Washington’s Mental Health Referral Service for Children and Teens – Parents call 833-303-5437 Monday to Friday, 8 a.m. to 5 p.m. <https://www.seattlechildrens.org/clinics/washington-mental-health-referral-service/>

Teen Link help line (1-866-Teenlink (833-6546)) and Teen Link chat <http://866teenlink.org/chat-now/>