

Sport and Outdoor Activities

1. Outdoors for All Foundation www.outdoorsforall.org
2. Seattle Adaptive Sports - <http://www.seattleadaptivesports.org/home.html>
3. Boy Scouts – Chief Seattle Council <https://www.seattlebsa.org>
4. Girl Scouts of Western Washington <https://www.girlscoutsww.org>
5. Camp Fire USA – Central Puget Sound Council <https://campfireseattle.org>
6. Special Olympics <http://specialolympicswashington.org>
7. TOPSoccer: <http://www.washingtonyouthsoccer.org/programs/topsoccer/>
8. Accessible Playground Directory - https://www.accessibleplayground.net/playground-directory/?doing_wp_cron=1549919970.0028629302978515625000
9. Seattle Slam Wheelchair Rugby - <http://seattleslam.org/#home>
10. Whirlyball - <http://www.whirlyballseattle.com>
11. Wheelchair and non-Wheelchair Bowling - <https://secomabowl.com>
12. Kidz Love Soccer - https://www.kidzlovesoccer.com/city_detail.php?cid=159&t=Class

Summer Camps

1. Blue Compass Adventure Camps for Teens <https://www.bluecompasscamps.com>
2. Black Diamond Adventure Camps <https://blackdiamond.org>
3. Camp Walkapala Too <https://www.kentwa.gov/residents/parks-recreation-and-community-services/recreation-programs-classes/youth-and-teen-activities/holiday-camp>
4. Camp Kasey <https://campcasey.org>
5. My First Summer Camp - <http://www.tukwilawa.gov/departments/parks-and-recreation/youth-teens/>

Local Parks and Recreation

1. King County Parks and Recreation - <https://www.kingcounty.gov/depts/dnrp.aspx>
2. Kent Parks and Recreation home page - <https://www.kentwa.gov/residents/parks-recreation-and-community-services>
 - a. Program Search - <https://webreg.kentwa.gov/Activities/ActivitiesAdvSearch.asp>
3. Auburn Parks and Recreation home page - <https://www.auburnwa.gov/cms/one.aspx?pageId=12529031>
 - a. Program Search - https://www.auburnwa.gov/city_hall/parks_arts_recreation/recreation/specialized_recreation
4. Seattle Parks and Recreation home page - <https://www.seattle.gov/parks>
5. Federal Way Parks and Recreation home page - <https://www.cityoffederalway.com/parks>
 - a. Inclusive recreation programs - <https://itallhappenshere.org/programs/inclusive-recreation/>
6. Renton Parks and Recreation home page - https://www.rentonwa.gov/city_hall/community_services/recreation_and_neighborhoods/recreation

- a. Adaptive Recreation - https://www.rentonwa.gov/city_hall/community_services/recreation_and_neighborhoods/recreation/specialized_recreation
- 7. Tukwila Parks and Recreation home page - <http://www.tukwilawa.gov/departments/parks-and-recreation/>
 - a. Specialized Recreation Programs - <https://tukwilaparks.perfectmind.com/23426/Clients/BookMe4?widgetId=15f6af07-39c5-473e-b053-96653f77a406>
 - b. Preschool, Youth, and Teen programs - <http://www.tukwilawa.gov/departments/parks-and-recreation/youth-teens/>

Gym Resources

1. My Gym - <http://www.mygymfun.com>
2. Metropolitan Gym (gymnastics) - <https://metropolitangym.com>
3. Stone Gardens Climbing Gym - <http://www.stonegardens.com/>
4. Vertical World Climbing Gym - <http://www.verticalworld.com/>
5. Federal Way Community Center Climbing Pinnacle - <https://itallhappenshere.org/recreation/climbing-pinnacle/>
6. The Little Gym - <http://www.thelittlegym.com>

Swimming and Pool Resources

1. Covington Aquatic Center: <https://www.covingtonwa.gov/aquatics.php>
2. Kent Meridian Pool and Lake Meridian Park - <http://kentpool.com>
3. Federal Way Aquatics Center - <https://www.kingcounty.gov/services/parks-recreation/parks/activities-rentals/aquatics.aspx>
4. See YMCA Resources for additional availability

Music, Art, & Cooking

1. Kindermusik www.kindermusik.com
2. Music Together www.musictogether.com
3. Frog Legs Kids Culinary Academy - www.froglegskca.com
4. Kent Station AMC – Sensory Friendly Films <https://www.amctheatres.com/programs/sensory-friendly-films>
5. Art Escape - <http://www.whidbeyartescape.com>

Library Resources

1. King County Library System: <http://www.kcls.org>
 - a. Game On! – various locations in King County
2. Seattle Libraries - <http://www.spl.lib.wa.us/>
3. Washington Talking Book and Braille Library - <http://www.wtbbl.org/>

Academic and Education Programs

1. Thrive By Five: <https://thrivewa.org>
2. First Class Homeschool Co-ops:
<http://www.firstclasshomeschool.org/pages/welcome/parent-welcome.html?track=parents>
3. Kaleidoscope Play and Learn: <https://childcare.org/family-services/find-care-kaleidoscope.aspx>
4. ACHIEVE-Federal Way: call the HCC Outreach Center at (206)-592-3526 or email at achieve@highline.edu

YMCA Resources – Greater Seattle Area

1. www.seattleyymca.org