**Parent Resource Newsletter**

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**Clinician Spotlight**

The City of Renton has a new program called Take Me Home. The Take Me Home Program was designed for the safe return of individuals with autism, developmental or cognitive disabilities who may become disoriented or act in a manner that could be misinterpreted by first responders. Special assistance if they are alone and/or in an unfamiliar environment is vital.

**TAKE ME HOME**

- The Take Me Home Program was originally created by the City of Renton for those with developmental or cognitive disabilities and the Autism Society's Take Me Home campaign.

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**Four Tips for Safe, Back to School Backpacks**

1. **Spots and Logos**: Attach any tags or logos that might be needed, such as medical information or emergency contact numbers.
2. **Comfortable Shoes**: Ensure the shoes are comfortable and suitable for daily wear.
3. **Pens and Pencils**: Include a variety of pens and pencils for different school subjects.
4. **Notebooks and Folders**: Have enough notebooks and folders for each class.

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**“About Me” Books: Sharing Sensory Items and Strength/Balance Building Items**

- **Favorite Family Games**: I love all children's books, but one of my favorites is Pete the Cat. His adventures are always engaging and the stories are perfect for young readers.
- **Favorite Sensory Item or Strength/Balance Building Item**: I love the outdoors (e.g., hiking, climbing mountains). It's a great way to combine physical activity with exploration of nature.

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**Clinic Spotlight**

- **A New Clinic, Right Where You Are!**
  - The City of Renton has a new program called Take Me Home. The Take Me Home Program was designed for the safe return of individuals with autism, developmental or cognitive disabilities who may become disoriented or act in a manner that could be misinterpreted by first responders. Special assistance if they are alone and/or in an unfamiliar environment is vital.

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** DONOR CORNER**

- **Operation for grasping, fine motor control and self-regulation**
- **Four Tips for Safe, Back to School Backpacks**
- **“About Me” Books: Sharing Sensory Items and Strength/Balance Building Items**
- **Clinic Spotlight**
- **TAKE ME HOME**

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**Learn more | Register**

- **Enroll in our Facebook Group**
- **Check Urgent Care Wait Times & Hop In to Register**
- **View Link of the Week & Link Archives**

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**FREE CLASSES & SUPPORT GROUPS**

- **September 6 – 12 – 1 PM**
  - Art Class
  - Adjustment to New School Year
  - Parenting Development
- **September 13 – 10 – 11:30 AM**
  - Parenting Development
  - Circle of Security—Parenting
- **September 20 – 1 – 3 PM**
  - Group Therapy
  - Circle of Security—Parenting

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