

## When to Keep Your Child at Home

Deciding when a child is too sick to attend therapy can be a difficult decision. Please use the guidelines below and seek the advice of your healthcare provider as needed.

If your child has any of the symptoms below, please keep them home. Notify the Children's Therapy front office at (425) 690-3513 to cancel or reschedule your appointment.

<b>Cough</b>	Severe cough, wheezing, or shortness of breath. Cough interferes with sleep or with ability to participate in therapy session.
<b>Diarrhea</b>	Two or more loose or watery stools in a 24-hour period.
<b>Ears</b>	Ear ache or ear drainage.
<b>Eyes</b>	Red or pink eye with mucus draining from eye. Eyelashes are crusted or matted together.
<b>Fever</b>	Temperature of 100 degrees F or higher within the last 24 hours. Children must be fever-free <u>without fever reducing medication</u> (i.e., Tylenol, Advil, Motrin) for 24 hours before returning to therapy.
<b>Limitations due to injury, illness or surgery</b>	If your child has activity restrictions due to injury, illness or surgery that may impact ability to participate in therapy sessions, please consult with therapist to determine if appropriate to attend therapy.
<b>Nose Discharge</b>	Thick nose discharge with or without a cough.
<b>Not feeling well</b>	Unusually tired, lack of appetite, pale, chills, muscle aches, headache, cranky.
<b>Rash</b>	Skin or scalp rash (especially with fever and/or itching).
<b>Sore Throat</b>	Sore throat (especially with fever or swollen glands). If strep throat, child may attend therapy after 24 hours of appropriate treatment if no fever.
<b>Vomiting</b>	If your child vomits during the night, keep home the following day. If your child vomits 1 or more times within 24 hours, keep home for at least 48 hours after the last episode of vomiting.
<b>Contagious diagnosis</b>	Pink eye, lice, hand/foot/mouth disease, ringworm, etc

# Children's Therapy

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