STEPS TO BARIATRIC SURGERY

1. Complete Bariatric Checklist
2. Insurance Approval
3. Schedule Surgery

**Please contact Weight Loss Surgery Clinic 425-690-3456 if you change your insurance and/or have changes to your current insurance policy**
STEP 1: Complete the Bariatric Check List

- Attend the Bariatric Seminar
- EKG
- Labs
- EGD or EGD w/ Colonoscopy
- Behavioral health consultation
- Pulmonary/sleep study consultation
- Lifestyle Medicine appointments *(# of required visits depends on your insurance)*
- Cardiology consult (if needed)
- Other test/consults (if needed)

*3m follow up from consult date with Sami Halela PA-C to review your check list*
STEP 2: Obtain Insurance Approval

Submit Prior Authorization (PA)

- PA not required: Move to Step 3
- PA approved: Move to Step 3
- PA denied:
  - a) Peer to Peer Review
  - b) Submit Appeal (if additional documentation required)

  - Denied:
    - Private Pay option
  - Approved:
    - Move to Step 3
STEP 3: Schedule Surgery

- **Pick surgery date**

- **COVID-19 Testing**
  - Schedule with MCU clinic
  - Schedule 72 hours before surgery date

- **Pre-op appointments**
  1. Sami Halela PA-C
     - Review labs, weight, and pre/post diet
     - Schedule 3-4 weeks before surgery
  2. Dr. Landers
     - Schedule 2 weeks before surgery
  3. STAR clinic
     - Schedule 2 weeks before surgery