

2023 Virtual **STROKE CLUB**

To help lay the foundation for recovery and transition into life after a stroke. Members of the UW Medicine stroke care team will be available to answer questions and review educational topics.

2023 Meeting Dates

2ND TUESDAY OF EVERY MONTH

6PM - 7PM ON ODD MONTHS
(JAN 10, MARCH 14, MAY 9, JULY 11, SEPT 12, NOV 14)

12PM - 1PM ON EVEN MONTHS
(FEB 14, APRIL 11, JUNE 13, AUG 8, OCT 10, DEC 12)

Type this Zoom link into your internet browser: <https://tinyurl.com/uwstrokeclub>

Or call into this phone number:
1-253-215-8782

Meeting ID: 778 829 3310

Open to all stroke survivors, friends, families, and caregiver!

What to expect?

- Connect with other stroke survivors
- Social and community resources
- Life after Stroke

UW Medicine



Questions?

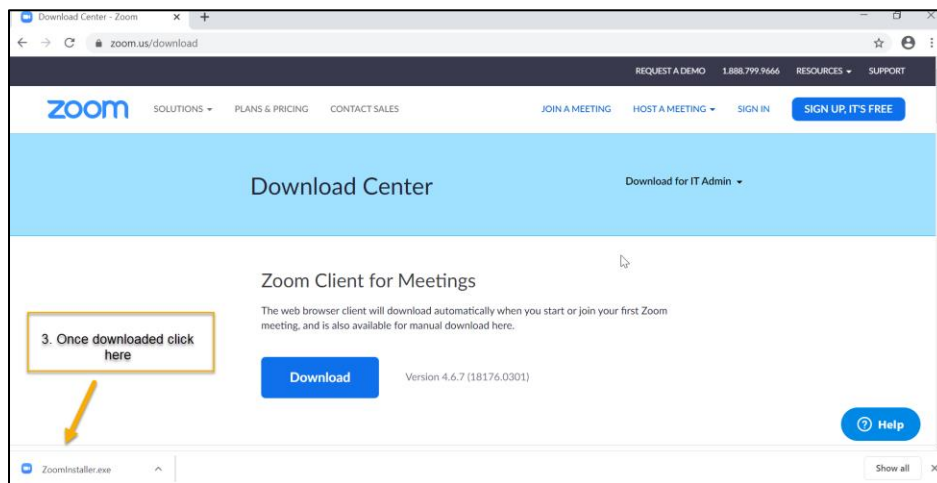
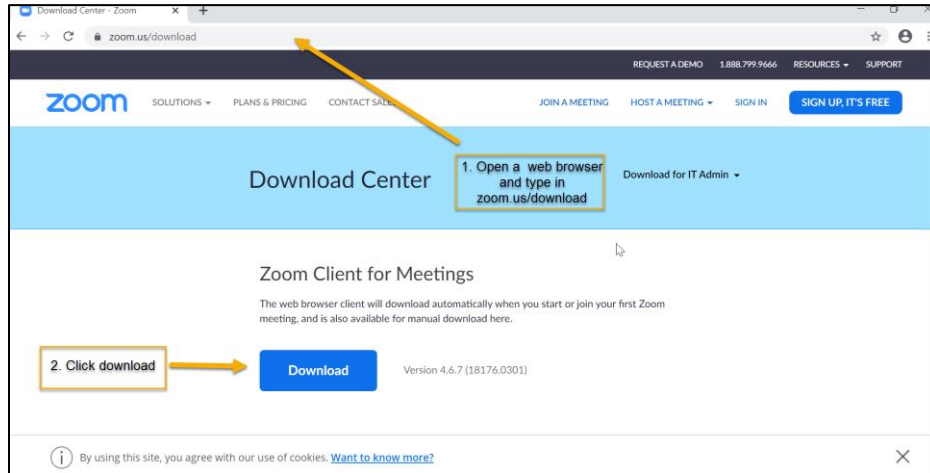
Please call (206) 744-3975
or email stroke@uw.edu

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Downloading Zoom

- ❖ Follow the same process for Computer or Phone
- ❖ You can also download the app directly on your phone through your app store



- ❖ There will be other options. Please select **Zoom Client for Meetings**

